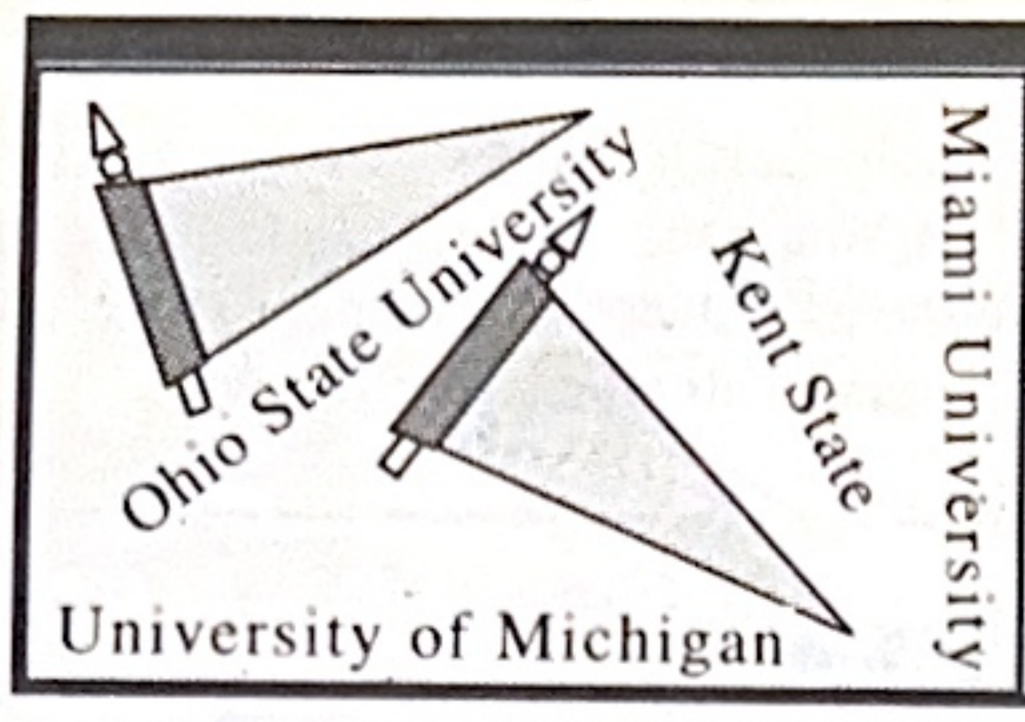

College bound

Check out the facts on the college search and the big decision

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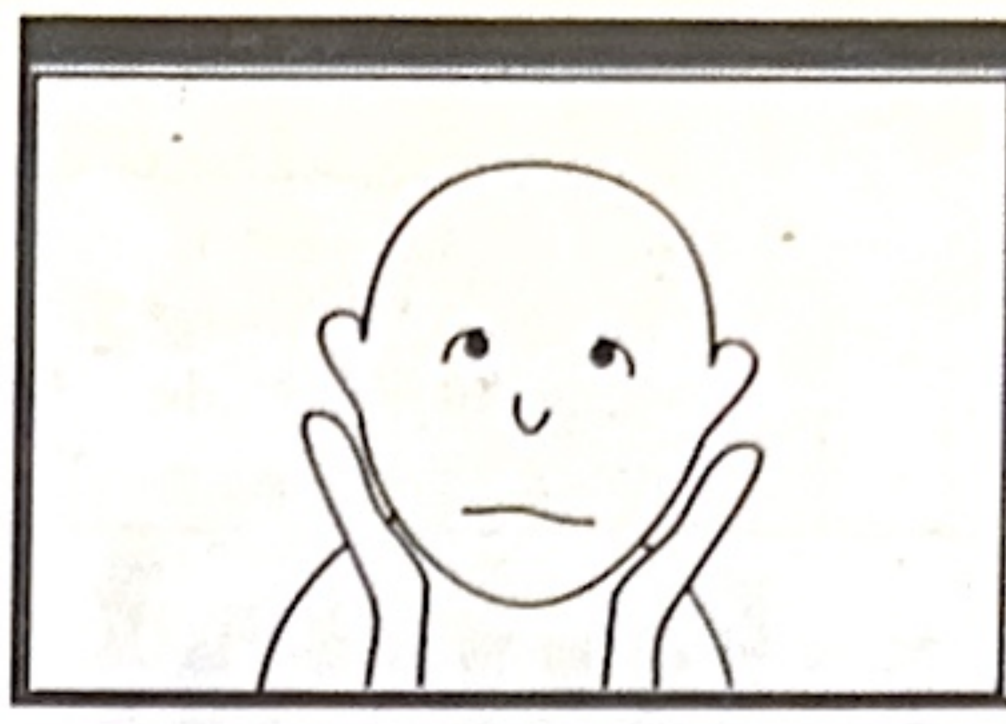

Just a little respect

Give a hand to JV players and managers

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VOLUME 66 · ISSUE 5
MARCH 28, 1996
SHAKERITE
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Make the transition: Two new programs offer options for freshman year

BY NAWAL ATWAN
News Editor

A team taught Bridges program for ninth grade CP students and a transition program for underachieving ninth graders will begin next fall to promote ninth grade achievement, according to Principal A. Jack Rumbaugh.

The Bridges program was devised by math teacher Allan Slawson to create a positive and interdisciplinary classroom atmosphere for ninth grade students taking all college preparatory classes. Slawson said the goal of the program is to provide demanding courses emphasizing academic success while creating a supportive atmosphere.

The four teachers are English teacher Jody Podl, social studies teacher Todd Torrence, science teacher Dr. Monroe Kennedy and math teacher Slawson.

According to Slawson, the teachers will work together to integrate subject matter and enforce cooperation and quality work from students.

"By overlapping subject matter and repeating topics, students will interelate subjects and learn concepts with success," Kennedy said.

The Bridges program will contain approximately 100 ninth grade CP students. Rumbaugh said creating child-centered programs focused specifically on student achievement is a major goal for the high school.

Slawson said the Bridges program plans to increase communication between teachers concerning students and their courses. The team teaching approach will help to focus directly on the students to ensure student responsibility and productiveness.

Kennedy said the program will help facilitate the transition between eighth and ninth grade, a difficult transition for some students.

Students will also learn to relate subject matter to the outside world, which will help students understand the material rather than simply memorizing it, creating a positive vision for the future.

"Our plan is to create an environment for greater learning. We plan to support the students to do good work. As a team, we have more potential to succeed," Slawson said.

The Bridges group will begin the day first period in the auditorium. Student discussions or guest speakers may occur at this time, Slawson said.

Students will then have three core classes from second to fifth period and the final core class ninth period. Students will participate in gym or other elective classes as well.

Parents of prospective students entering the Bridges program attended an open house on March 18. A concern among parents about the Bridges program is that the course will not be as challenging for students. Slawson emphasized the program will be an intense and positive learning environment.

The transition program plans to strengthen the academic skills of students entering ninth grade with multiple course failures in middle school. It will be a core college prep program with approximately 25 students, according to Academic Adviser Mary Lynne McGovern.

The transition program will be team taught by English teacher Kelly Myers, science teacher Joseph Marencik, math teacher Georgette Young and social studies teacher David Sedmak.

The Program was devised three years ago and is part of the district-wide Project Achieve program headed by Dr. Bernice Stokes and Dr. James Paces.

By using alternative teaching approaches, the transition program aims to increase student achievement. These ninth graders will receive more individualized attention and learn positive self discipline, McGovern said.

According to Marencik, the team teachers are planning thematic projects to interrelate subjects.

"An example for class projects is a model United Nations where students act as leaders and address science, math English and political issues with an interdisciplinary approach," Marencik said.

The school applied for a grant along with Warrensville Heights and Cleveland Heights to work alongside Meridia Hospital. McGovern said the transition program would include a health careers project connected with the curriculum if the grant is approved.

The transition program will also involve peer counselors. In addition, school psychologist Bonnie Jasiunas will help the students with individual problems.

1996 Talent Show Winners

Vocal:

James Bates & Erica Burns

Rap:

Ryan Harris & Doug Lee

Instrumental:

Toby Bulloff

Dance:

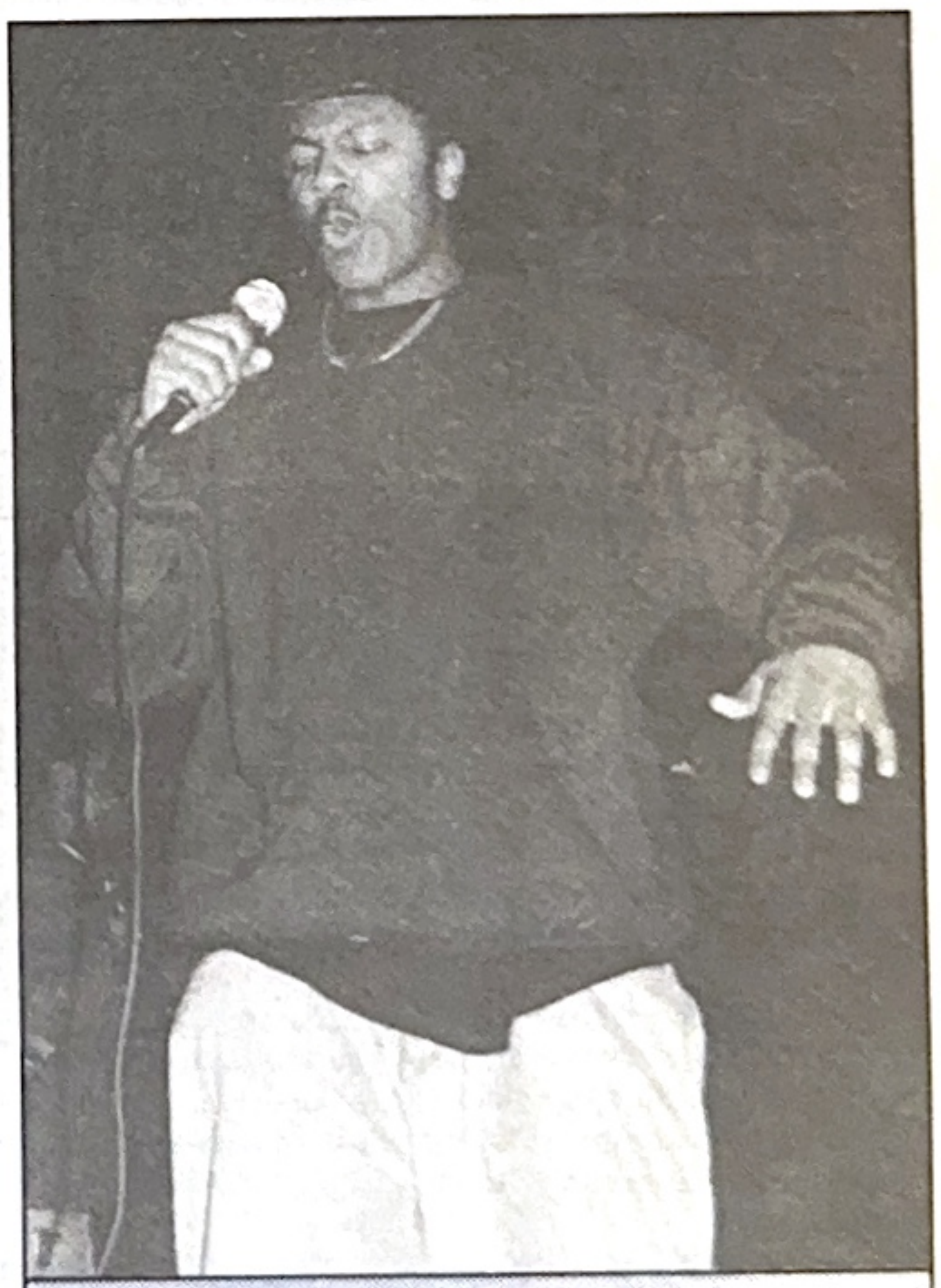
Jessica Columbi (individual)
tied with
Angela Newman
Kalicia Perry
Carmella Kelly
Dawn Davis
Dora Hudson (group)

Shakerite factbox by Rebecca Marshall

In the spotlight

Students shine in talent show

AND THE WINNERS ARE. Juniors James Bates and Erica Burns pose with their first place trophy. They won the vocal category at the show. *Shakerite photo by Iahn Gonsenhauser*



SINGING OUT STRONG. Senior Charles Payton performs at the talent show. He was in the rap category. *Shakerite photo by Iahn Gonsenhauser*

Juniors Alex Rawson and Matt Youngner debate at City Club

Debaters Rawson and Youngner went head-to-head on March 15 at the prestigious City Club championship debate. They represented the top Lincoln-Douglas debaters in Ohio. Youngner won the debate after 40 minutes of debating. The pair debated on oppressive governments. Youngner debated that an oppressive government is more desirable than no government at all. Rawson and Youngner will attend the National Debate Championship in Fayetteville, N.C. in June.

Cultural Exchange:

Foreign students, teachers experience the American lifestyle

BY TOBY BULLOFF
Staff Reporter

Imagine yourself in a Japanese or Russian high school.

Fifteen Japanese students and two teachers from Takatori High School in Nara, Japan, came to Shaker to learn about our culture. Teacher Elena Klemevskaya came from P'Skov, Russia, to experience Shaker as well. She has been to America three times, twice previously to Omaha, Nebraska.

Klemevskaya was picked by an organization in St. Petersburg to travel to Shaker for the second school semester to be a "teacher-in-residence." She actively takes part in history and English classes at the high school, explaining Russian literature and history. She teaches high school English at a public magnet school which has 900 students ranging from first to 11th grades. She is used to seeing small children in her school at home and had to adjust quickly to the high school's large building and students.

Klemevskaya said she came to fulfill a personal and professional growth challenge. She quoted Henry Ford to describe her visit in America:

"'Coming together is a beginning. Keeping together is progress. Working together is success.' My first visit to America was a beginning. Now I can experience school life inside, and I think it is a success. You have great teachers here," Klemevskaya said.

Klemevskaya said her experience inside the high school has been relatively similar to her teaching position in P'Skov. She said her students like American fashions and wear jeans to school. They have similar clubs and sports after school and many are city organized. Most students walk, take public buses or have their parents drive them to school. The driving age in Russia is 18 and students finish high school at age 17. However, the actual school day is very different for Russian students. There is not a fixed schedule. It rotates, creating different schedules different days.

"[Students] may have, depending on the day of the week, six, seven or eight classes," Klemenskaya explained.

They also have about 15 minutes between classes to socialize. When they reenter the classroom, students are expected to be prepared for the lesson and contribute to discussion. High school Russian Studies teacher Marge Eisenberg was impressed by the behavior in the classroom after the long recess. She said students answered questions articulately and with complete sentences.

Much stress is placed on academics in Russian schools. English is taught as early as first grade. It is mandatory to graduate with at least three languages including English, Eisenberg said. At Klemevskaya's school, there is 100 percent college acceptance. However, only one out of every 10 students get into the local college to which they apply. The universities are competitive and select their students on the basis of June final exams and July college entrance exams. Superior English skills are important factors in college recruitment. Since only 10 percent of high school graduates go to the local universities, most students work and then apply to college later. They can only apply to one college, usually the nearest one in their city.

This is the ninth year of the Shaker-Takatori exchange program, according to counselor Bob Annandale. Fifteen Japanese high school students and two teachers came to the high school for three weeks of study. They have also taken trips to Washington, D.C. and Niagara Falls to complete their American experience.

Takatori students Mari Okahashi and Eriko Fukui said the high school is not so different from home. Admittedly, they were surprised to see so many different skin tones, body sizes, and hear such a different language, but they said they did not have trouble fitting in. Okahashi is surprised by how many kids drive at the high school, as the driving age in Japan is 18. She said most students either take a train, bus, or bicycle to school.

Fukui said she did not feel overwhelmed by the size of the high school. However, she had to adjust to the loud noise and crowded hallways between classes. In her school, the halls are very quiet and narrow, but not crowded. Fukui likes the busy atmosphere, and she especially likes the fact that people socialize in between classes. She said people at her school do not say "hi" to each other in the halls as often as in the high school.

Okahashi likes wearing casual clothing to school instead of her usual navy uniform. Annandale said the uniform is just one facet of Japanese life.

In Japan, group cooperation is much more encouraged than individual initiative, whereas at the high school, individual initiative is encouraged over group cooperation.

A major difference between Takatori and the high school's day is at Shaker, the students move from class to class and teacher to teacher. The Japanese students sit in the same classroom all day, and their teachers come to them. Tremendous emphasis is placed on academics. A foreign language is started in first grade, and English is started in junior high.

Fukui said at Takatori, there is close to 100 percent college acceptance. Colleges recruit students on the basis of competitive exams. Fukui said these exams create much stress in students' lives, as they determine the college, carreer and success of the student.

However, time is always taken for sports and clubs. Some popular clubs are calligraphy and origami. Team sports such as baseball, softball and tennis are popular among Japanese teens.

The cultural differences between the Japanese, Russian and Americans have not been a terrible hindrance to the students' lives. In fact, it has served as a learning experience for all students. Meg Underwood, hostess of Eriko Fukui, enjoyed her experience.

"I learned that things we take for granted as normal sometimes are not. The Japanese had never seen a dishwasher before," Underwood said.

Quick facts:

Comparing Japanese and Russian school systems

JAPAN: Takatori High School

◆ 40 minute classes and lunch
◆ teachers come to students, they stay put
◆ most all bring lunches
◆ English begins in junior high school
◆ driving age is 18

RUSSIA: Public Magnet School

◆ 40 minute classes, 20 minute lunches
◆ teachers provide all materials, lack of funds
◆ most all buy lunch
◆ English begins in first grade
◆ driving age is 18
◆ rotating class schedules

Shaker holds first ever Cleveland Chess Olympiad

BY CAITLIN MASINI
Staff Reporter

The first ever high school Cleveland Scholastic Chess Olympiad will be sponsored by Shaker on April 13.

After dominating the state chess tournament for the past 15 years, Cleveland area schools are being threatened by improved chess programs in the other Ohio schools. In response the schools are joining forces with the Cleveland Chess Association by starting more area tournaments, the first of which will be the Chess Olympiad held in the high school cafeteria.

"We want to have more chess everywhere to compete with chess programs around the state," African American history teacher and chess team adviser Reuben Henderson said.

The Chess Olympiad falls between the state and national tournaments. It gives the students who were financially unable to go to states an opportunity to display their skills. It also provides the students who are going to nationals an opportunity to stay in practice, according to Henderson.

"Everybody can have the chance to win a trophy and be honored for their chess skills," Henderson said.

Approximately 60 to 100 students from about 20 schools are expected to participate. They will play in four person teams and each school can enter as many teams as they want. After a certain number of rounds the team with the most wins will be the overall winner. Prizes will be awarded in the form of trophies and chess books.

"Normally ribbons and trophies are given as prizes, but since we are something new we thought we would try something a little different," Henderson said.

Shaker is going to enter two teams in the Olympiad. Though the state champions of last year all graduated, strong players have emerged to fill their shoes. This year is therefore a "rebuilding" year, but the team is good, according to Henderson.

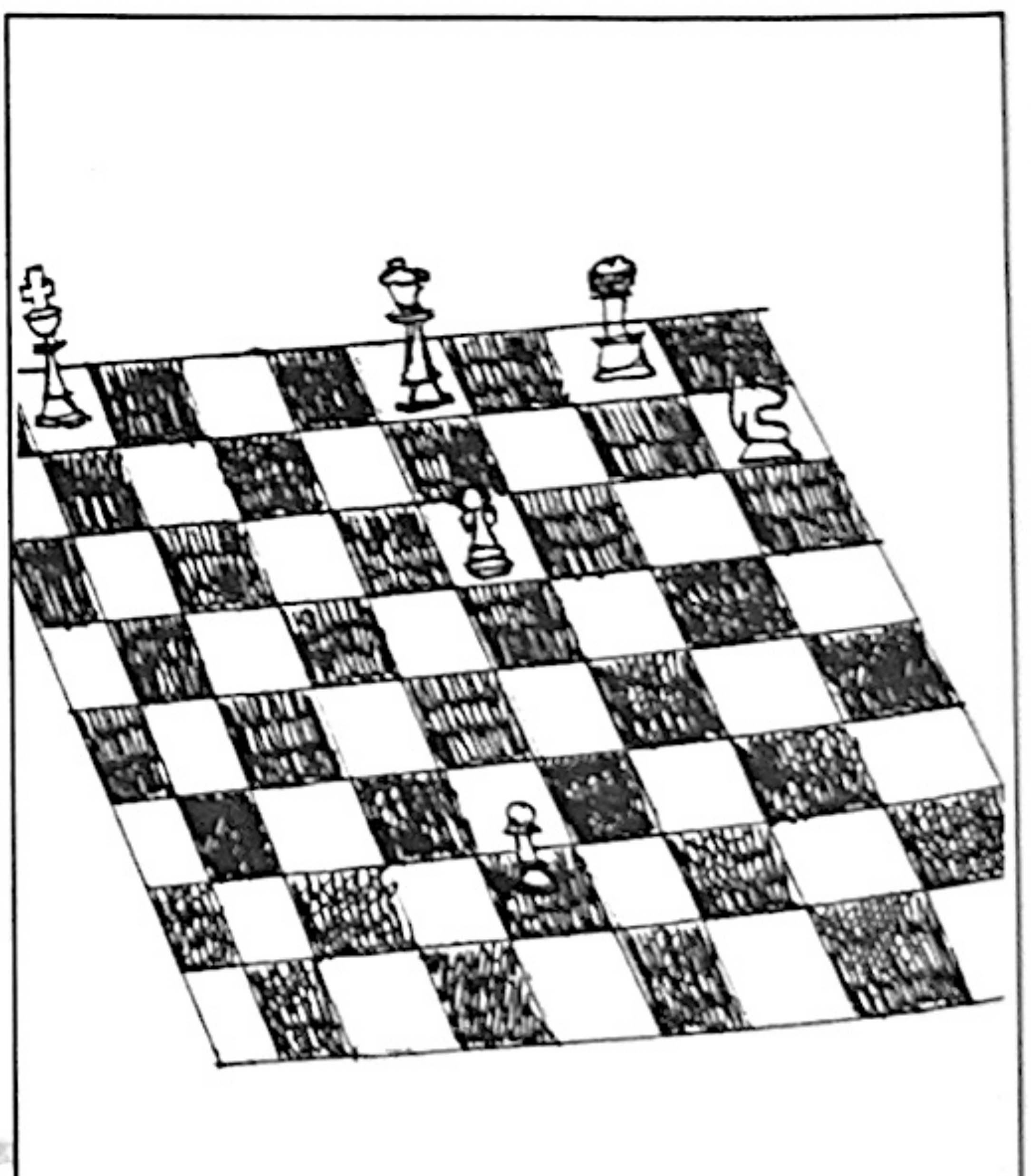
"They have improved from September to today. They have grown by leaps and bounds," Henderson said.

One new member is freshman Jason Crenshaw.

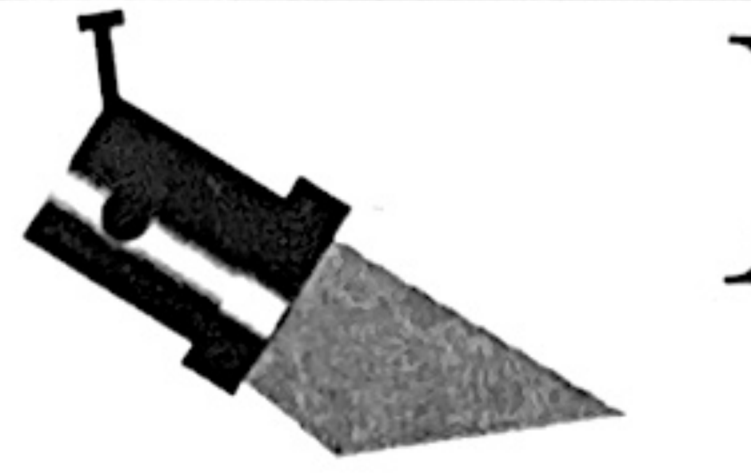
"I have always been interested in chess because my brother was on a team and he got me into it," Crenshaw said.

Crenshaw earned a first and a third place at Stow. Other members who placed in the top three at Stow are juniors James May, Shigeyuki Takahashi and Seth Gydell and freshman Matthew Brakey.

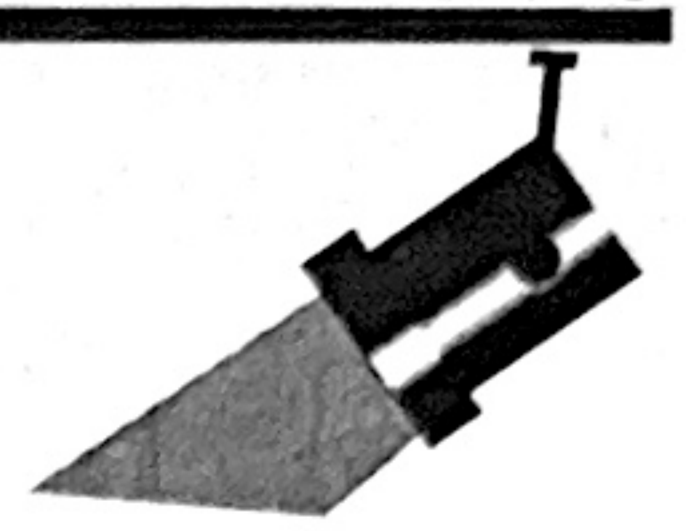
The team has gone to two tournaments so far this year, Stow and Mayfield Heights, and received some first place awards. They hope to place at least third at the state competition and will not be going to nationals. The team practices after school Monday through Thursday and on Saturday mornings.



Shakerite artwork by Kim Lyons



New Stages XIV:



Light shines on student talent

BY PHILIP TOOMAJIAN
Staff Reporter

Students let their creative juices flow during the student directed and written New Stages production.

New Stages is the only running student written, student directed and solely student produced theatre production in the country, to the knowledge of Theatre Department Head James Thornton.

Created in '82, New Stages is unlike any of Shaker Theatre's other productions. New Stages is an opportunity for students to see their own works produced on stage with students acting and directing them.

The production begins when students sign up for the playwriting class in the fall. As an end of the semester exam, students are required to create a full length play. These plays, as well as any others which are submitted to Thornton, are then read by all prospective directors and other thespians. The readers make notes and suggestions for Thornton, who takes these into account as he picks the four to six works to be produced. For many writers in the class, the project is their first attempt at writing a play.

Junior Susan Murray, who took playwriting and had her play "The Lost City of Cleveland" produced at New Stages, spoke highly of the class. Her play focuses on escaped mental patients looking for Cleveland, a legendary lost city.

"Playwriting was a really interesting class. It was really valuable to have others read your play and hear their responses. I think anyone at all who likes writing should take it," Murray said.

Senior Megan Newell, whose play "Drifters" was produced, never had any previous theatre involvement but found her first experience to be a good one. Newell said her play is a straight drama about real people.

"I was not sure what to expect, beacause I'm not a theatre person, but it was a good class. I think anyone interested should take it," Newell said.

This year 22 works were submitted, and five were produced. A director was chosen by Thornton, with respect for seniority, to direct each of the plays.

Senior Ian Dole directed "Train to Nowhere" by Sarah Bania-Dobyns in his third New Stages. The play focuses on the attraction between two people who have nothing in common. He said directing has been one of the greatest learning experiences of his life.

"I have been involved in Shaker Theatre, almost nonstop since I got to the high school, but in this, my first time directing without supervision, I have realized that there is still so much I do not know. I always think that I fully appreciate the work of assistants and technical people, but you cannot fully appreciate their work until you have directed alongside of them," Dole said.

Senior Director Cathy Powell agreed there is much freedom in directing.

"For the most part, we can do whatever we want. As director, I learned how to use the best of my abilities and bring out the talent that each person had to offer the production," Powell said.

The third vital ingredient to New Stages is the actors.

Junior David Deming, who is acting in his second New Stages, said it is an excellent opportunity for actors to expand their skills.

"I think New Stages is definitely the best production of the Theatre program, because it gets the students the most involved. Even the actors have a real say into how their play comes out," Deming said.

Junior Jill Webster, who is acting in her first New Stages, said she was glad she decided to try acting. She was anxious about performing but learned to stay calm.

"New Stages has been a lot of fun. I just decided to try out with a couple of friends because we wanted to prove that we were not theatre challenged, and it is really only two weeks out of my life," Webster said.

The first New Stages was produced in the large auditorium but has since been done on the smaller Theatre 3 Stage.

Theatre 3 was created as part of two senior projects, Thornton said. Amy Silberman, a '81 graduate, came up with the vision and designed the stage. Jennifer Cohen, a '83 graduate, did the painting and other carpentries.

This year's plays were: "Drifters" by senior Megan Newell, with senior Cathy Powell directing; "The Lost City of Cleveland" by junior Susan Murray, with junior Peleg Horowitz directing; "Star of the Show" by sophmore Temar Underwood, with Patrick McMenamin directing; "Train to Nowhere" by Sarah Bania-Dobyns with Ian Dole directing; and "Marriage of Metal" written by Jessica Zagier and with Billy Zavelson directing.

Pepsi challenge showcases area schools

BY NICOLE DORSKY
Staff Reporter

For the first time ever, Pepsi has challenged the high school with the "Say Yes to Work" contest.

The Pepsi Challenge is a program which gives students the opportunity to highlight the people and activities improving their school and community. It has been done in previous years with college and eighth grade students but never before at the high school level.

Through teacher recommendations, 20 high school students were chosen to represent the high school at the Pepsi Challenge presentation on May 14. These 20 students will prepare a 40 minute performance informing judges of who and what is helping to make the high school a better place. It will discuss both particular students and entire student body organizations such as S.G.O.R.R., Interact and the Environmental Club.

"The Pepsi Challenge is not necessarily trying to glorify schools," sophomore participant Kelly Gibson said. "I think the point is to try to get across the school's problems while researching different activities. Also, there is a lot of stuff that goes on in schools that does not get recognition."

Marketing Education Teacher Mark Leimsieder and Business Education teacher Glenda Moss are in charge of the high school's Pepsi Challenge team. They attend meetings on contest rules, regulations and scheduling and then relay information to team members.

"Preparing this presentation will be a rigorous, time consuming process. The students must be totally self-directed and self-motivated because the teachers are allowed no involvement," Moss said.

The students are divided into three committees which address the high school's athletic and academic achievements, clubs and the arts, and school attendance, the community and the negative aspects of the high school. Each committee will prepare a separate script to be used for the final presentation.

Sophomore Jed Wolpaw, a partaker in the Pepsi Challenge, will be overseeing the script writing.

"The presentation will be done as if it were the Oscar Awards. There will be podiums and M.C.'s and each committee will be giving awards to those who are worthy in their category. We have only had one meeting so far, but it looks like the end result is going to be a good one," Wolpaw said.

Wolpaw stressed the team does not plan to glorify the high school. They hope to recognize areas of the school which need improvement during their research sessions. The three committees plan to present awards to different high school groups in each of their categories.

To encourage participants to play an active role, Pepsi will be offering incentives like free movie tickets and cases of Pepsi.

Winners will be announced in June at the Rock and Roll Hall of Fame and Museum during a reception for the 40 participating schools.

Moss and Leimsieder are currently unsure of the grand prize. Moss suspects prizes along the lines of scholarships, money for school needs, or electronics such as TV's or VCR's. Whatever the prize, it will be something to benefit both the students and the school, Moss said.

NEWS BRIEF

Rumbaugh attends principal convention

Principal A. Jack Rumbaugh and 12th Grade Unit Principal Desadre Lawson-Bullock recently returned from the National Association of Secondary Schools Principals Convention in San Francisco.

The convention gathered high school administrators to exchange ideas as to how to run their schools more effectively.

Among the topics discussed were various scheduling options, innovative new teaching strategies and updating classroom technology by providing access to the Internet and interactive programs. Also discussed were the ideas of breaking the student population up into smaller groups and increasing student interactive learning.

"I have been criticized for being too involved with my students. However, I believe students are what the entire education process is all about, and it must therefore revolve around the students," Rumbaugh said.

–Tom McGill

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OPINION

Top 10 Letters of the alphabet with fewest entries in the *Oxford English Dictionary:*

10. W
9. O
8. N
7. V
6. K
5. J
4. Y
3. Q
2. Z
1. X

Compiled from The Top 10 List of Everything

Student Council must keep students informed

THE RITE IDEA

About six months ago we elected our first student council after a three or four year moratorium on student government. Voter turn out was depressingly low, especially after all the hype the "new and improved" student council received from the administration. Now, as we are engulfed by an exercise in mass democracy in the form of presidential primaries, it is time to reflect on the effectiveness of Shaker's own experiment in democracy.

Six months after the fact, an informal Shakerite poll revealed most students are unaware of the actions of Student Council. A painfully large majority of the students polled did not know, for instance, that several members of Student Council have made an attempt to address the parking situation and have met with Mayor Patricia Mearns. Although the meeting was largely inconclusive, it is an action on the part of our democratically elected representatives which deserves our full support and encouragement.

To be effective, democratic government needs the consent and informed support of the majority of its constituents. And it is here that Student Council has failed to meet its obligation to Shaker students. If the members of Student Council desire efficient, effective student government, it is their responsibility to inform students of their actions. We can hardly be expected to endorse the actions of any elected body if we are only marginally aware of the mere existence of that organization.

Informing and cultivating support among voters is of greater urgency in this type of small, fledgling democracy than it is in larger American society. Student government is a new or recently resurrected idea in Shaker, without proven value or obvious advantages for the administration and other powers-that-be. Students, unlike other voters, do not have political, financial, or legal recourse when democracy fails. The only guarantee of our "right" to vote and participate in some type of autonomous government is obvious and widespread support among the majority of students. Without this type of visible backing, it is frighteningly easy for the administration to dismiss or ignore our recently-established student government.

Student council must take responsibility for soliciting support from students. This clearly entails publicizing problems and requesting solutions from the general student population. Otherwise, student council remains another anonymous and powerless student organization.

CHEERS & JEERS

Cheers to Spring Break!

Jeers to decaffeinated coffee.

Jeers to early deadlines.

Cheers to 25 school days until Senior Project.

Jeers to January weather in mid-March.

Cheers to potential snow days in mid-March.

Jeers to reduced-fat potato chips. Oxymoronic edibles do not belong in fine grocery stores anywhere.

Cheers to New Stages!

Cheers to the start of the baseball season (in the snow).

Jeers to Spring Break ending.

Shakerite graphic by Rebecca Marshall

Cheers to the talent show and all who participated.

Jeers to those who booed.

Cheers to Spring Break. It had to be said twice.

Jeers to finals being only two and a half months away.

Cheers to all the exchange students and teachers-from Japan, and the teacher from Russia.

THE TOP TEN

Top Ten Spring Break Destinations...

10. Shaker Towne Centre.
9. The Bermuda Triangle.
8. Iowa.
7. Your local Rapid stop.
6. Bed.
5. Cleveland's industrial pit.
4. Bob's Big Boy.
3. Florida– the retirement home capital of the world.
2. The dentist's office.

...and the number one destination is...

1. On punishment.

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The Shakerite is a public forum published eight times yearly for and by the students of Shaker Heights High School.

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The Shakerite is composed electronically using Macintosh computers, and is printed by PM Graphics, Inc. in Twinsburg.

The Shakerite is affiliated with:
- Columbia Scholastic Press Association
- National Scholastic Press Association
- Journalism Education Association
- Journalism Association of Ohio Schools
- Northern Ohio Scholastic Press Association

Volume 66• Issue 5

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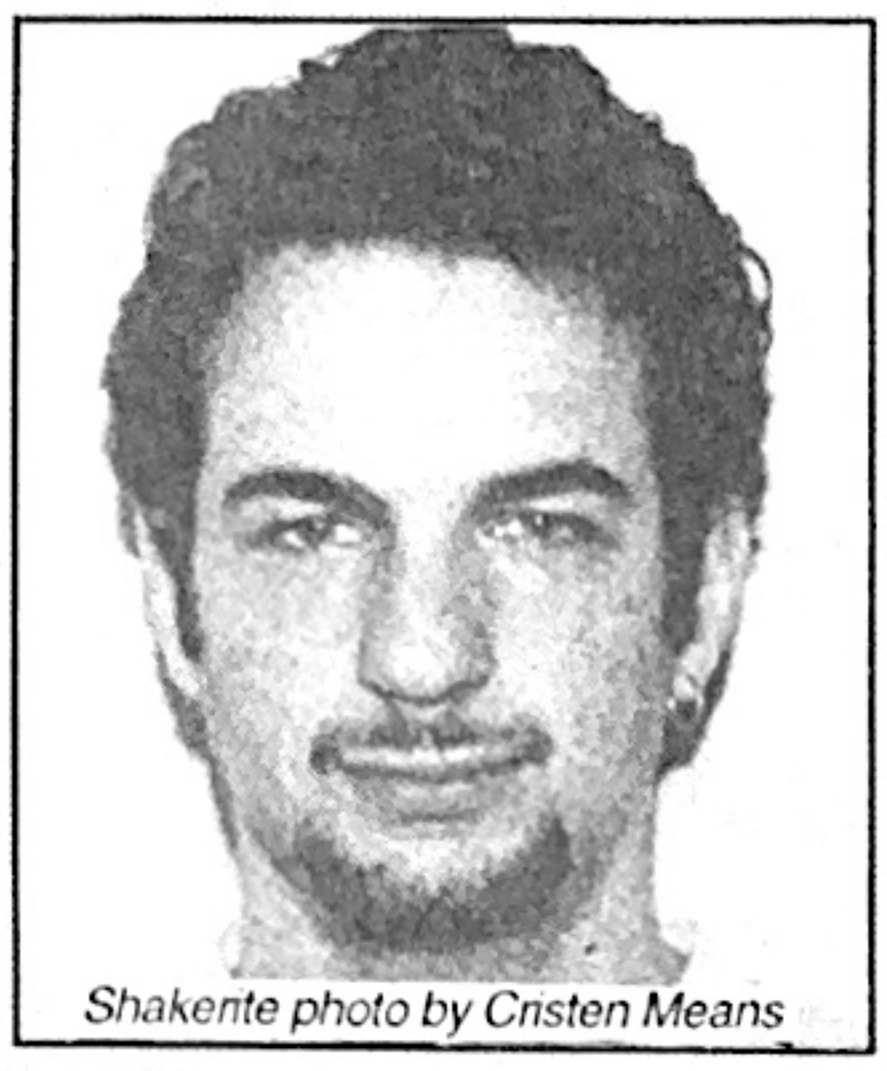


Shakerite photo by Cristen Means

Hall passes oppressive

BY JED WOLPAW
Sophomore

In Nazi Germany in the mid-20th century, Jews- those still alive- were required to have a pass wherever they went. Until recently in South Africa, blacks were required to have a pass to go certain places. At Shaker Heights High School, students are required to have a pass anytime they are in the halls during periods. What did the Jews and blacks do to deserve their fate? Not a thing, and the restrictions put upon them were cruel and wrong. The question naturally arises then, what did we do?

Now admittedly, this analogy is a bit stretched, but the issue of hall passes is not as trivial as some adults seem to think. They tell me that if the hall pass policy was abolished, the halls would become noisy, clustered places that would disrupt classes in progress.

OK, I can see the argument about disrupting classes, so let's break it down. From talking to teachers, I get the impression that the main problem with doing away with hall passes is that classes would be disrupted by students who would all of a sudden start running and screaming through the halls. In response to this I would point out three things:

✱In a conversation I had with a hall monitor a few weeks ago, she told me many students simply ignore her. If she asks for a pass, they just walk by, and if she asks for their name, they ignore her.

✱I would be surprised if you could find me one student who has been in an uninterrupted class for a whole week. I've heard everything from music to fighting to hysterical crying to hysterical laughter to Kung Fu practice going on outside various classes of mine.

✱Students aren't dying to hang out in the halls. We just want to be free to go to our lockers, or to the bathroom or home without having to get a pass. How ridiculous it is for me to have to try to get a pass from a librarian to go from the library to my own house simply because I have to walk through 50 feet of hallway. I just can't believe that my little old shoes can make so much noise that it would disrupt a class.

Adults seem to think the only way to live with kids is to control them and tie them down with all sorts of rules and restrictions. Well, let me tell you, all that does is build up resentment. The way to live with kids is to work with them. What's the worst that can happen if we work together and get rid of hall passes? At the very worst, there will be a little more noise in the halls, but I doubt it. My prediction is that teacher/student relations will improve (because it is much easier to get along with someone who's not treating you like a delinquent), students will be happier, and so will teachers who I'm sure have much better things to do than be ignored for 50 minutes on a little chair in the hall.

LETTERS TO THE EDITOR

Slipping in Shaker is a real ice-breaker

To the Editor:

My transfer to Shaker High School has been a positive experience. However, in the process of "settling in" I was warned by several staff members to be careful in the halls as, on occasion, staff members have slipped and fallen. While I believed that it had happened to others, I was sure it would not happen to me. Well, since the opening of the school, I have fallen three times. The first time was while walking to the main office with Chuck Spinner. He was warning me of such a possibility when I suddenly found myself on the floor. He, the security staff and possibly other staff members were immediately at my side. Fortunately, only my ego was bruised. The second time was on ice in the parking lot and the third time was in the hall. Both of these times, I was immediately surrounded by a number of students who helped me up and retrieved everything I was carrying. They stayed with me until they were sure I was not injured. One young lady went to get Mrs. Wisham, despite my protestations that I was alright. While I did not escape these next two falls without minor injury, my embarrassment far surpassed any physical pain.

Artwork by Rebecca Marshall

So often we only read or hear about the negative things that happen in our schools and I want to publicly thank all of the students and staff who stopped to help me. I wish I could have gotten every one's name so that I could thank them personally but I was simply too embarrassed, especially by the third time, that I just wanted to hide from everyone. These incidents prove that Shaker staff and students believe in acts of kindness. To all of you; many, many thanks for your help and concern.

-Rose C. Blaser, Secretary, Dept. of Pupil Personnel Services

THE TOP TEN

...rules for the Shakerite "Top Ten" contest...

10. The winning submission will be published in the May issue.

9. It can be about any topic, but should not be blatantly obscene or vulgar.

8. The winner is entitled to a spirit pass, one free piece of Shakerite Pizza per week for the remainder of the year, and public recognition.

7. All submissions must be completely original.

6. No light bulb jokes.

5. Please refrain from insulting your fellow students (or teachers) by name.

4. All submissions must have the name, grade and homeroom of the student.

3. It should be submitted to the Shakerite by Friday, April 18, either room 229 or Sally Schwartz's box in the office.

2. The contest is open to all students, staff and faculty at Shaker Heights High School.

...and the number one rule is...

1. List must have 10 items.

Sports must focus on accomplishments

To the Editor:

In response to the sports page article entitled "Hoops squad bouncing on despite adversity," I fail to see how the errors of Michael Sims have anything to do with the success of this year's basketball team.

Tom Gelehrter is correct in noting that the "hoop squad" has overcome several setbacks to make this season particularly notable and I was looking forward to reading just what those accomplishments are. Instead, I found myself reading an investigative report on a former member of the basketball team. While the unfortunate incident may be of interest to readers, it shouldn't be read within the same context as the successes of the boys who have stuck with the basketball program and have overcome quite a few disappointments. Let's praise those who have stepped up to the challenge and have been determined to get the job done. Erie Division Champs is something to celebrate, and the fact that as of this writing (3/5), Shaker Heights is one game away from becoming District Champs is something to write about.

-Suzanne Cooper, Basketball Representative, Sports Boosters

Shakerite fails to present all views

To the Editor:

It seems to me that the Shakerite tends to print a lot of left-wing articles. I have no problem with this, but many of these articles bash republicans. I haven't seen any articles (except one abortion article) that represent a republican's view. Some articles completely tear up conservative values. One of these articles was "Republicans are hypocritical." In this article, the writer brought up rumors as examples to support his case. This is not good journalism. You should at least have a republican article next to it to counter the things that are being said. Although republicans are the minority at this school, you have no right to continually bash them. I think I speak for most republicans at this school when I say in the future I hope you will present both sides and not be so opinionated.

-Matthew Brakey, freshman

Editor responds:

Articles in the Opinion section of the Shakerite *represent the opinions of the Shakerite editors who write them. They do not necessarily represent the views of the entire staff.* Shakerite *welcomes all opinions, dissenting and otherwise, in the form of letters to the editor (250 words or less) or guest columns (between 400 and 500 words). If you disagree with or feel strongly about a* Shakerite *article or any incident which is of concern to the school or the community, please put it in writing and drop it in our box.*

SPRING BREAK COMES TO SHAKER

Shakerite artwork by Marie Frisof

POINT COUNTERPOINT

BY MARIE FRISOF AND SCOTT FULLER
Opinion Editor and Co-Sports Editor

Point-Counterpoint normally consists of two separate articles representing opposite points of view on a central issue. For this issue, however, we are taking a different approach. Scott Fuller, Co-Sports Editor, speaks for supporters of capital punishment, and Marie Frisof, Opinion Editor, speaks for opponents of the death penalty.

Scott: I find myself standing on the sidelines during many of the political battles of today: the economy, health insurance, welfare. However, one issue which I firmly support is the death penalty. The amount of crime taking place in our country today is absurd, and the current methods we use to control it are clearly not very effective. In my opinion, the only way we can stop this nonsensical violence is a strict enforcement of the death penalty.

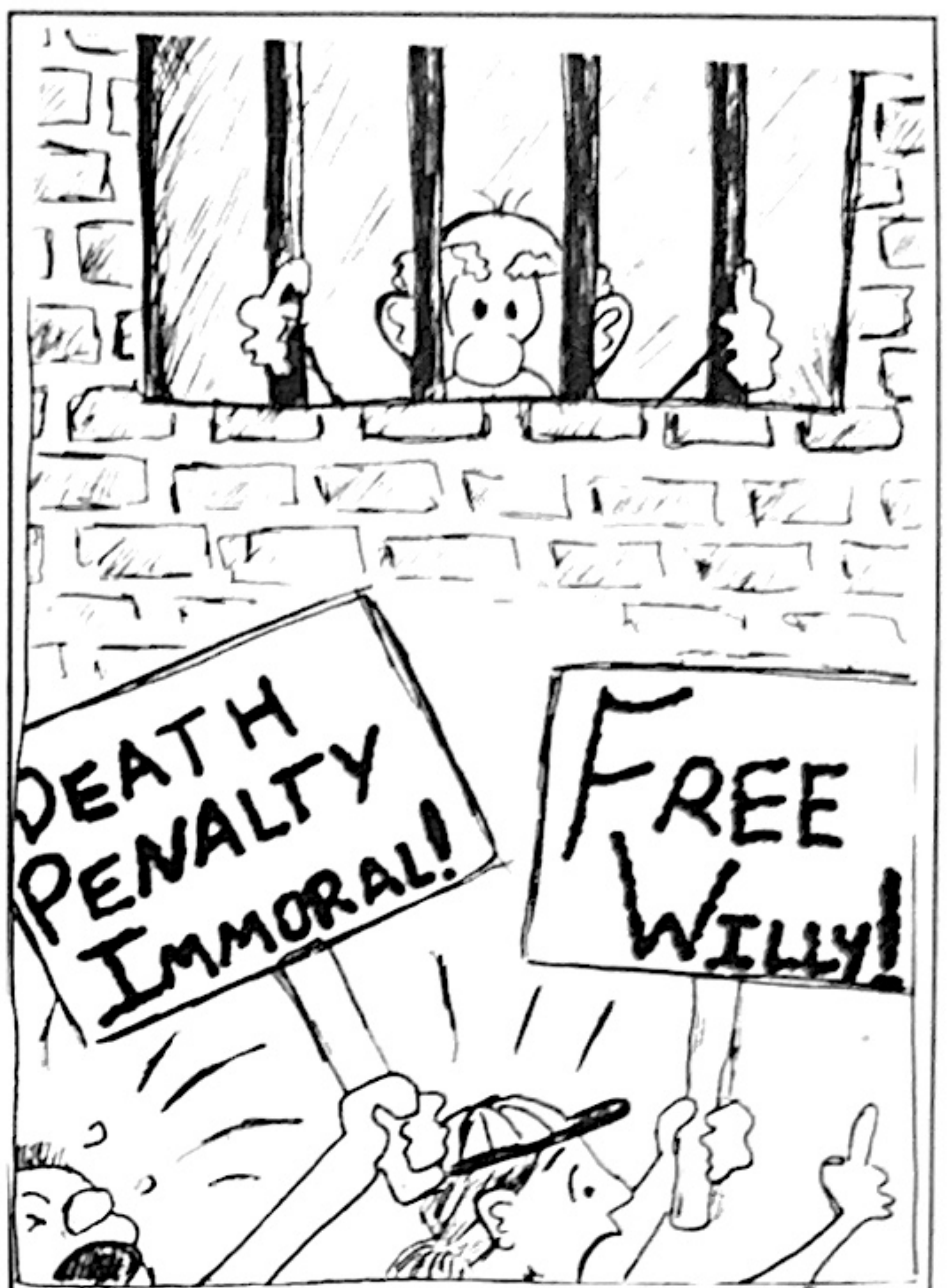
Marie: Unlike Scott, I have opinions about nearly every existing political debate; also unlike Scott, I am a strong opponent of the death penalty. It is true that crime has increased in recent years, but a stricter or expanded death penalty will not decrease the homicide rate. In fact, in '84, when the homicide rate decreased in most of the country, Florida, where the majority of executions took place, experienced a 5.1 percent increase in the homicide rate. It makes more sense to cut off the problem at its roots– poverty, poor education, general destitution and an increasing dearth of meaningful jobs– than to cut off the top of the weed. Society gains nothing through thoughtless, blind revenge.

Scott: Ahh, but society does gain through thoughtless, blind revenge. There are many benefits to this. Many criminals are repeat offender, and when the death penalty is utilized, the criminal is no longer with us and is therefore no longer capable of committing another crime. More importantly, the elimination of this delinquent will be an example for other criminals, thus attacking the problem at its real "roots", the psychological aspect of a criminal. If an atrocity is committed, there will be an appropriate punishment. Knowing about this forceful "eye for an eye" principle, criminals would be much less likely to perpetrate a crime in the future.

Marie: We do not rape rapists, burn down the homes of confessed arsonists or blow up the friends and families of suicide bombers; murdering a man for taking some one else's life is equally ludicrous. We become complicit with the killer in devaluing human life; as a result, "eye for an eye" holds no place in civilized society, and the historical trend is toward the elimination of the death penalty. Canada and all the countries of Western Europe have already eliminated the death penalty.

Scott: I find the examples you disregard as "ludicrous" as perfect consequences in response to the crimes they committed. And in response to your historical references, please note that countries like Singapore have strict law enforcement (remember the caning incident of an American tourist last year) and regularly enforce the death penalty, and please also note that Singapore's crime rate is considerably lower than our own.

Marie: To begin with, most criminals do not consider the possibility of apprehension and punishment when they commit crimes. Crimes of passion are perpetrated in the heat of the moment and without thought of consequences, and experienced criminals or people committing planned crimes do not sincerely believe they can be caught. Secondly, we always run the risk of making an irreversible mistake: putting an innocent man to death. We cannot resuscitate a dead man, hand him 40 bucks and a new set of clothes and send him on his way.


DEATH PENALTY IMMORAL!
FREE WILLY!
Shakerite artwork by Jenny Spencer

"The punishment of death has never prevented determined men from injuring society."

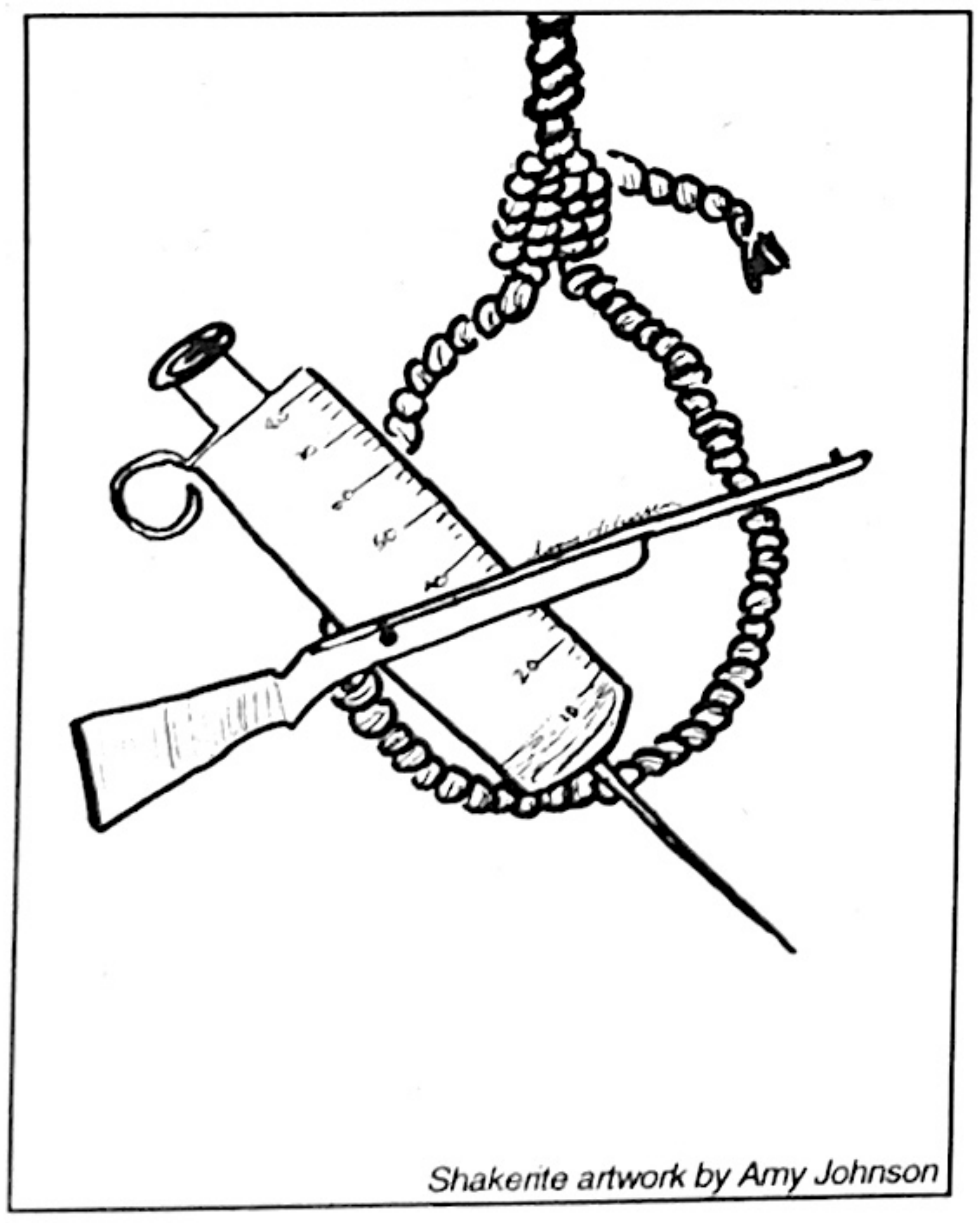
-Cesare Beccaria, early Italian criminologist

THE DEATH PENALTY

DECLARED UNCONSTITUTIONAL IN '72, REINSTATED IN '76, CAPITAL PUNISHMENT HAS BEEN THE SUBJECT OF INTENSE DEBATE FOR CENTURIES.

"By imposing [the death] penalty on those who dare break the most basic rule of existence, we affirm the dignity of every other individual."

-Jacob Sullum, Editor, Reason *magazine*


Shakerite artwork by Amy Johnson

Scott: I disagree on both counts. While many crimes may occur in the heat of the moment, that does not mean people should not be responsible for their actions during them. I get angry and yell at people on occasion, but just because it's "the heat of the moment" does not mean I have the right to murder them. If someone is not able to control themselves they have no right to be out in society anyway. In response to your next point, I am deeply disturbed by the execution of an innocent man. But I think I can safely say these unfortunate incidences are very rare and are greatly outnumbered by the number of times the accused man has undoubtedly murdered someone and confessed, which is the issue at hand anyway.

Marie: I am not recommending the release of confessed killers into society, but power over the life or death of an individual is a dangerous and foolish power to delegate to the government. Criminals do not escape consequences for their actions– a life in high-security prison or solitary confinement is far from pleasant– but there is no way to guarantee the guilt of all convicted persons and therefore no way to justify the risk we take by enforcing the death penalty. The Stanford Law Review reports that 25 innocent people have been executed since the beginning of the century, and at least another 350 convicted capital defendants have been found innocent after living on death row. We do not show that we value human life by brutally confiscating it from anyone, even the lowliest of criminals.

Scott: But that's just the problem. We don't value human life. If we did, then we would take the life of those who take it from others. What ever happened to The Golden Rule: "Do unto others as you would have them do unto you." And while I am sorry for the few citizens who were falsely accused, this number is relatively small in comparison with the great many guilty men who were set free, a statistic that cannot be measured. And while a life sentence may be unpleasant, if I were taxpayer I would rather not pay to feed, clothe and house this guy for 50 years. Budget cuts? There's one for you right there!

Marie: Should we cut the budget at the expense of justice, habeas corpus, and human life? Beyond foolishly and immaturely assigning a dollar value to human life, the assumption that the death penalty saves money is discounted by death penalty proponents and opponents alike. It is remarkably expensive to put someone to death; what with government funds spent on prosecution, defense (most people currently on death row were represented by underpaid public defenders), appeals, jury stipends, clemency petitions and the actual procedure, executing someone is actually more expensive than jailing them for life.

Scott: If it is truly so expensive to execute someone, then the problem lies within the justice system, not the principle behind the death penalty. There is going to be a trial whether or not the accused is convicted, and the execution itself is not expensive at all. The death penalty has been ineffective thus far because courts have been afraid to take action, and the current justice system has too many loopholes which criminals can use to delay or escape capital punishment.

Marie: The death penalty in and of itself is fatally flawed and its application within the current justice system is only indicative of these faults. The crimes of those currently facing execution are generally indistinguishable from those of people serving prison terms; the only obvious distinction is evident in the race, sex and class of the victim and the defendant. In Georgia, a landmark '86 survey revealed that "those convicted of killing whites were four times more likely to be sentenced to death than convicted killers of non-whites." Any system where underpaid, overworked public defenders can condemn their clients to death by failing to file an objection or a motion at the proper time, by missing an arbitrary deadline, or through general ineptitude deserves scorn and disgust on the part of all civilized society. Capital punishment, with its inexcusable risk and discriminatory application, must be abolished.

The Top Ten Least Stressful Jobs in the US

10) Forklift operator
9) Bookkeeper
8) Janitor
7) Librarian
6) Typist/word processor
5) Software engineer
4) Pharmacist
3) Medical records technician
2) Industrial machine repairer
1) Musical instrument repairer

Shakerite Source: The Top Ten of Everything 1996

Spring Break: Students escape the GPA rat race while playing sports, visiting colleges

BY STEVE DEOREO
Staff Reporter

Nine weeks down, and nine to go; optimists say the glass is half full, pessimists say half empty, students say who cares, it's spring break!

As the seconds tick by, euphoria starts to grab more students; stares get blanker and fewer people will be able to tell you just exactly how the Kreb cycle works or how to find the nth term of a geometric progression. However, plenty of students could write an essay about their travel plans or assess the validity of their trash novel reading choices.

Increased work loads by not-so-distant finals and teachers who realize they still have how many chapters to complete have students thinking only of relaxation. Some winter weary students are fleeing to the tropics.

"I'm going to Cancun with four friends and no parents. White sand beaches, clear water, Mexican hospitality, and most importantly, hotties (men)," junior Audrey Fitch said.

Other vacationers are setting out for places even colder than Cleveland. Outdoor activities such as skiing, snowboarding and backpacking are popular ways to get away from the GPA rat race.

"My mother and I are going to Washington and Oregon to hike and camp, but also to look at some colleges I'm interested in. We may even squeeze in some skiing if we're lucky," junior Haley Smith said.

Not everyone needs elaborate plans to enjoy their vacations. Some other popular vacation ideas include sleeping, visiting friends and family close to home, sleeping and sleeping.

"I plan to stay home, play my drums and hang out with friends. Those aren't the most exciting plans, but it will be nice just to relax," sophomore Dinesh Joseph said.

While junior Mark Baranauskas said "I'm just gonna' chill," some varsity athletes are planning use their break to improve their skills. Junior Sarah Abbot and freshman Andrew Wolf are going to Clearwater, Florida, for a Premier League soccer tournament.

"We are a new team in this league and we will probably get blown out, but everyone is excited to go and take this chance to improve, and if we lose in the first round, it's just more time on the beach," Wolf said.

Closer to home, the varsity baseball team has its home opener against Cleveland South and junior Rashad Burnley said the team is excited for a good season, due in part to an exceptional pitching staff.

"The team is pumped up for the first game, because it's at home, and there is a lot more positive energy playing in front of your own people," Burnley said.

A final note of caution: As some students have discovered, the worst way to make plans for spring break is to have your parents decide what you are going to do.

"I'm on punishment," junior Joe Jackson said.

KIP'S PIKS

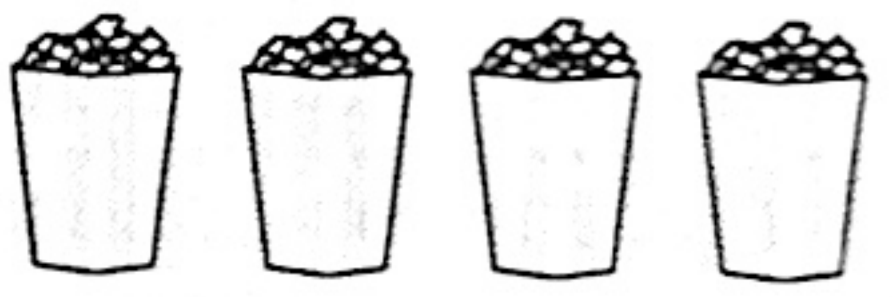
In like a lion, out with a *Rumble*

Rumble in the Bronx is a superb film. Jackie Chan possesses an explosive energy, and through the medium of film this energy is transferred through the eyes of the viewer and into his veins, so that one might not be overly surprised to see an audience emerge from this film deliriously fulfilled by vivacious action and performing adrenalin-pumping makeshift kung fu maneuvers on each other. Any movie for which this can be said must be well worth a gander.

The movie was filmed with post-sync sound, which is movie lingo for sound that is dubbed on after filming. This is obvious and detracts from the dignity and quality of the movie. Also, the portrayal of the Bronx is laughably off. The movie was filmed in Vancouver. One doesn't know what to think of the punkish street gangs– their costumes, demeanor and dialect are so screwed up the only sure thing is it's not believable.

The plot, too, has moments of disgrace. Example: Chan beats the snot out of about 30 bad guys and then turns around to say he hopes they can drink tea together the next time they meet, rather than fight. And they're touched. They later team up to fight a greater evil. This won't cut it. Most people can recognize a stupid plot twist when they see it.

But all of this is secondary, and you will overlook or forget it, because Jackie Chan is so damn good, he'll blow you away. So see the movie. Out.



(out of four)

–Kip Britt

Top sound found underground

BY MILES BERGER
Co-A&E Editor

Turn on the radio, and what are you likely to hear? Either some rock band whose idea of songwriting is listening to Nirvana and taking notes, or some rap group that steals its songs from 70's artists like George Clinton and Parliament Funkadelic or the Gap band. Does anyone make original music that is worth listening to anymore?

The answer is yes, but these groups are harder to find. They get little if any radio play, although they deserve it more than any of the "alternative bands" or "gangsta rappers" out there.

For example, G. Love and Special Sauce. They have soul, they know how to groove and their music defies labelling. Thay are influenced by artists from James Brown to Woodie Guthrie to Aretha Franklin to Bob Dylan, and all of these influences show up in their music.

The secret making the "Sauce" so tasty is the drumming of Jeffrey Clemens. His beats are as danceable as the computerized beats of most rappers, but they have the wholesome feel of jazz drums.

Add to that the string bass of "The Marhmallow Man" Jimmay Jass Prescott and the half-rapped, half-sung vocals of G. Love himself, and you have the recipe for some of the most infectious, addictive music being made right now.

But the "Sauce," never content with just making good music, do not stop there. They excel at capturing the emotions of G. Love's lyrics, such as the bluesy guitar liks and background on "Baby Got Sauce," that say amen to G. Love's proclamation of love to his girlfriend.

G. Love's lyrics are the other element setting the "Sauce" apart from most other bands out there. His song lyrics are cool little essays on life and philosophy, as opposed to the nursery-school type rhymes that most singers call lyrics.

There is one major problem with the "Sauce" though: if you buy either of their two albums, your friends will want to borrow it permanently.

Dead Man Walking soundtrack no deadbeat

BY NED SACKMAN
Staff Reporter

"I won't ask for forgiveness, my sins are all I have," whispers a lonely Bruce Springsteen on the soundtrack of the new Tim Robbins film *Dead Man Walking*. The album is a collection of songs that question the morality of the death penalty and examine the moral issues that surround it.

The movie *Dead Man Walking* is based on the true story of Sister Helen Prejean's relationship with death row inmate Matthew Poncelet. Robbins mailed a rough copy of the movie to each of the artists contributing, requesting them to record one song for the soundtrack. The end result is a collection of powerful songs that capture the intensity of the movie.

From the outset the album thrives on eclecticism. The music ranges from the industrial clanks of Suzanne Vega's "Woman on the Tier (I'll See You Through)" to the spiritual yearnings of "Face of Love," the Nusrat Fateh Ali Khan/Eddie Vedder collaboration. This album is a consistence of inconsistencies.

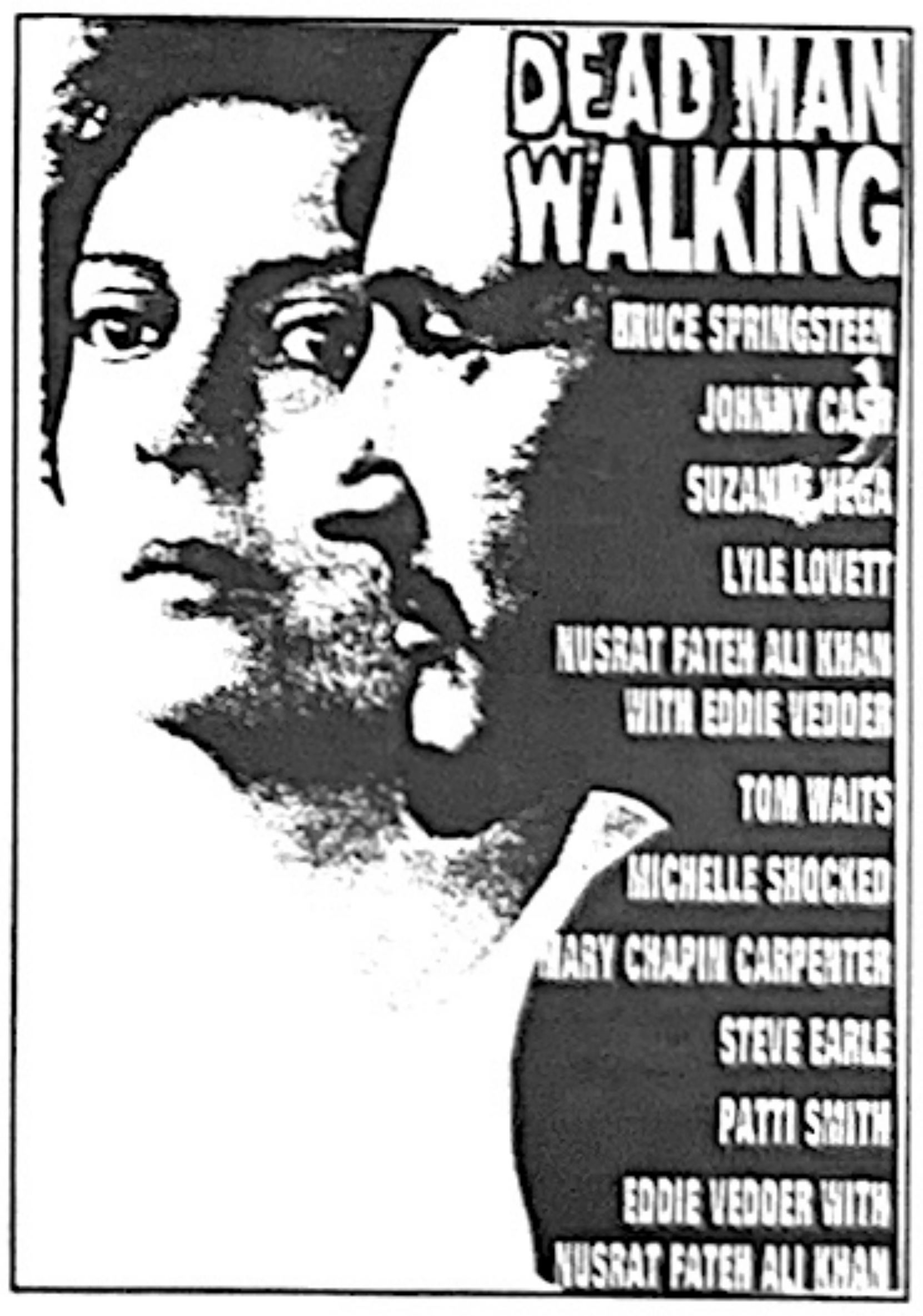
It opens with Springsteen playing killer and calmly recollecting what went wrong in "*Dead Man Walking*." This song and Lyle Lovett's creation "Promises," give a chilling perspective of how it would feel to spend the rest of your life on death row.

The two stand out tracks on the album are "Face of Love" and "Long Road," another Khan/Vedder joint-creation. In "Face of Love" Khan calls to the heavens with uplifting moans, while Vedder responds with contrasting low, guttural mumbles. On "Long Road" Vedder extends a beautiful metaphor for death ("We all walk the long road") while Khan once again proclaims to the God above.

While the songs are by no means preachy, they do present a solid case against the death penalty. Steve Earle's "Ellis Unit One" relates the story of a prison guard who "heard their mama's cry when the big door slammed and saw the victim's family holding hands." Even if the country twangs of Johnny Cash don't sound appealing, there is still much to be found in his haunting words. He makes his feelings on the eye-for-an-eye notion clear when he croons "I've got one foot on Jacob's Ladder and one foot in the fire."

The album is not without its mediocre performances. Mary Chapin Carpenter's "Dead Man Walking (A Dream Like This)" lacks the fervor of the other songs, and Tom Waits' "Fall of Troy," pales in comparison to the other songs.

Even with the great diversity of the album, the songs flow together, perhaps because they are all tied to the same issue. The music holds a quality that goes beyond individual preference, which is that even after it is over the words and sounds still leave much to think about.



Symptoms of Anorexia

- Refusal to keep body wieght at or above normal
- Intense fear of becoming fat even though underweight
- Extreme influence of body weight or shape on self-perception
- In females, absence of at least three consecutive menstrual cycles

Symptoms of Bulimia

- Recurrent episodes of binge eating Uncontrollable eating sprees
- Use of vomiting, laxatives, or other medications to prevent weight gain
- Binging and purging cycle occurs about twice a week for 3 months

> *"I was in sixth grade and very depressed. I always thought of killing myself . . . I realized how many people I would leave sad about my death and people who might think it was their fault.*
>
> ***– Diana****
> ***depressed student***

Symptoms of Obsessive–Compulsive Disorder

- Recurrent and persistent thoughts or impulses are experienced that cause distress and are not simply excessive worries about real-life problems
- Repetitive behaviors that the person feels driven to perform in response to an obsession or according to rigid rules (e.g. hand washing, counting, etc.)
- At some point, the person recognizes that the behaviors are unreasonable
- The obsessions or compulsions are time consuming, cause distress, or interfere with normal life

> ***"I was scared he would make me eat. He would take the control away. Then it would be just like everything else– people telling me what to do."***
>
> ***– Roxanne****
> ***anorexic student***

> ***"If people learn more about [eating disorders] they begin to get over their denial stage. They see that maybe they have a problem."***
>
> ***– health teacher Christy Matta***

Running on empty

Masking the pain:

The silent struggle of two young girls

BY NICOLE SUTCLIFFE
Co–Feature Editor

One sat cross-legged, eyes glaring off in the distance. The other fumbled with her fingers and would laugh uncomfortably. One wore a blue flannel loosely thrown over her blue jeans, the other had the remnants of red nail polish still lingering on her fingers. Both girls' eyes would occasionally grow misty, but both tried to hide the tears.

Mary* and Sarah* both look "normal," although the term seems trite and out of place. Walking around school one would not think twice about them. They are just two normal teenagers who have to face the usual stresses of school, friends and parents. Both are hiding inside problems which plague many, but are rarely discussed.

Sarah's story began last year, when after four weeks she had not eaten anything. It was her friends who noticed and consequently she called an eating disorder hotline.

"The lady on the phone was the first one to tell me I was anorexic. It scared me a lot and I began to do research. It interested me. The consequences are scary, the hair falling out, or the if heart stops beating, but it doesn't change what I'm doing," Sarah said.

Sarah had to face a lot of problems afterwards, mostly with her best friend who refused to believe she had a real problem.

"At first he didn't believe me and he thought I was doing it for attention. People don't understand I have a problem, and they think it is only an act– that it isn't serious," Sarah said.

The beginning of her problem was over the summer while modeling and acting in New York. There she lost weight, but when she returned home, she gained it all back.

"It scared me so I started regular dieting. I've always eaten health food but I started to only drink water and eat fruit and rice...it got a lot worse," Sarah said.

According to Sarah her mother is a health fanatic who never buys junk food. Around the house signs are scattered which say "nothing tastes as great as looking great feels."

"My mom told me if I went to bed hungry then I knew that I would be losing weight. She's very healthy. It caused a little pressure, and she would tell me if she thought I had gained or lost weight," Sarah said.

Not only does Sarah suffer form anorexia, but she also has attention deficit disorder (ADD). She was diagnosed with this when she started having problems with school. As a result she was put on Ritalin. The consequences of this are lack of sleep, and a loss of appetite.

"My mother controls my Ritalin. She'll give me five at the beginning of the week so I have just enough," Sarah said.

Sarah pushes a strand of hair out of her face and laughs nervously as the questions continue.

"I would like to see myself thinner," she said smiling. "When I look at myself I think I've got a flabby stomach and thighs, but my friends tell me I look fine. I can't really trust people in that sense."

Sarah models in her spare time, but says she is too short to pursue it seriously, so she sticks with talent. In most modeling agencies, she said, it is required that models who are 5'9" have to weigh about 109 pounds.

Sleepovers and parties in general, according to Sarah, are a problem. Everyone complains about their weight, yet can eat all the food they want without worrying.

"It upsets me that they don't have to deal with this. I usually count calories. I cannot go over 1000 in a day. My friends notice, but never say anything. They don't know that I still have a problem, I wouldn't tell them. They just don't understand," Sarah said.

Sarah looks out the window.

"It's not as bad as it used to be. I just don't eat for a week or two– it's on and off. I go through phases when I can't stop and my weight changes quickly. I can lose up to six pounds in a day. If I ever get scared I just call the hotline," Sarah said.

Her disease has provided inspiration so she has written plays, and tries to help others as much as she can. She has had the option but chose not to.

"If I went into group therapy I would be scared that it would work too well. I like the way I look when I don't eat and I don't want to change," Sarah said. " I try to help others, but I don't want to help myself."

Sarah again looked down and her smile faded.

"I tried forcing myself to throwing up," she said. "It was weird because I felt the food being processed, that I was gaining weight that second. I was paranoid that my mother would come home and find me and my head began to hurt, so I went running, and tried again later."

The faces changed, but the tearful eyes and shaky voice remain the same as Mary now tells her story.

"The women in my family have had a history of marrying alcoholic men, " she started.

Mary grew up in a household full of sexual abuse and alcoholism. Her mother has been diagnosed as clinically depressed and takes Zoloft, an anti-depressant. Mary started going to psychiatrists in fourth grade.

"My psychiatrist realized that there were a lot of issues, and wanted to talk to my mother. I found out that my mother was depressed and had suicidal thoughts," Mary said.

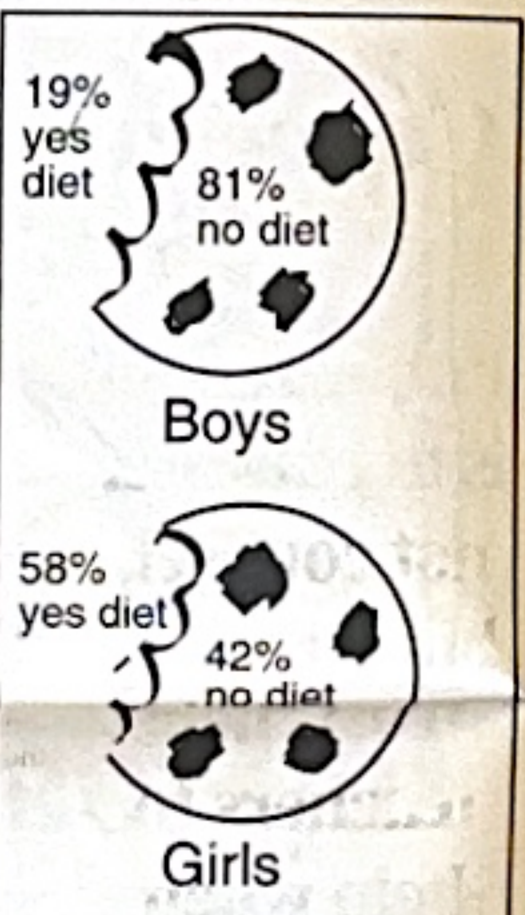
Her history of abuse gave Mary urges to run away from her family, but she did not want to kill herself. She said that it is stupid to waste a life.

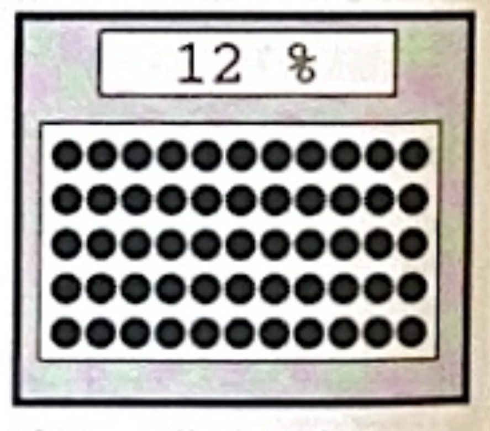
The sexual abuse has scarred Mary so that she has had problems trusting people, especially boys.

"I've had problems trusting guys. I've gone out with a couple, but it's very tense. I shy away from any touching," she said.

Although the past has been bleak, Mary remains optimistic for the future.

"Ten years from now, I will set aside the fact that I am a child of alcoholism and get on with my life," she said in a voice tinted with hope.





Girls suffering from anorexia and bulemia

Privacy vs. Concern

Public school is to educate, not counsel, but students trust their teachers to help when they have nobody else to turn to.

By Rachel Zinn

There are three magical words that affect the life of every warm-blooded teen at some time.

In loco parentes.

Perhaps these are not the three words teenagers think about the most, but for students who spend at least 35 hours a week in school, the role of the administration in their personal lives is a part of every day. In loco parentes is a concept that delegates responsibility over minors to the school while parents are not around.

Students go to the school for help with a variety of personal problems. Legally, however, public education only has a limited responsibility towars students who seek advice.

"Schools act in the place of the parent, but the school is not the parent. We have an obligation to share concerns with the real parents. The only problems we have a legal responsibility to report to authorities are child abuse and neglect," Prinicipal A. Jack Rumbaugh said.

Several students said the school did aid them with individual troubles, even though they are not legally required to do so.

"I used to talk to the school psychiatrist because I was paranoid about being kidnapped, and I hated walking to school," Hank* said.

Once the school begins to become involved in student life, delicate issues of privacy are raised. Some students objected to the way that faculty tried to help. Roxanne*, an anorexic junior, was disturbed because the nurse called her parents with information they had discussed in privacy.

"The school just made a quick phone call to my parents to say that they were worried I had anorexia, but they did not even offer any reasons for their suspicions. You tell people things in confidence and don't expect them to tell things behind your back," Roxanne said.

Evelyn Wisham, the school nurse, did not remember a time when she called parents without informing the student.

"If a student is doing harm to themself, that's serious. The parents have to know because they are the ones who can get help, but I always tell students when I'm going to call the parents, " Wisham said.

Rumbaugh agrees that going to parents is the best way to help a struggling student. He explained that often the school is able to act as a mediator between parents and child.

"I would never share with the parents without involving the child in that process. The key is to communicate clearly and honestly a concern but not seem to tattle or pry," Rumbaugh said.

Marianne Schwartz teaches creative writing, which she said is a forum that students often use to express personal concerns. She said she only has to intervene in student troubles rarely, but her additional background in counseling helps her identify problems that do arise.

"I have tremendous respect for confidentiality, but if I see a student's well-being is threatened, trying to get him help takes precedence. I try to find a solution with the student, but if the student refuses, I would go beyond him if I thought there was a serious risk," Schwartz said.

Health teacher Christy Matta said she makes an effort not to be intrusive, but will approach a student as someone they can talk to, especially if friends of the troubled student have asked her to intervene.

"My goal is really to offer support. If they want to talk about it, I'm here for them. I would also try to refer them to people who could give professional help," Matta said.

On the other hand, teachers do not want to miss warning signs when they have an opportunity to assist a student. Health teacher Hubert McIntyre said each situation has its own set of ethics.

"If you're not aware or focused, you might not even notice a student is having problems. How you handle the situation depends on indivdual expertise," McIntyre said.

Students often have high expectations for how teachers should deal with complicated situations. Roxanne turned in a short story in English detailing her anorexia and was upset at the teacher's reluctance to share it with other students.

"She obviously knew there was a problem, but I wanted her to read it to the class. I wanted people to understand the emotions you go through," Roxanne said.

Matta recalls one situation where she took the initiative to approach a student.

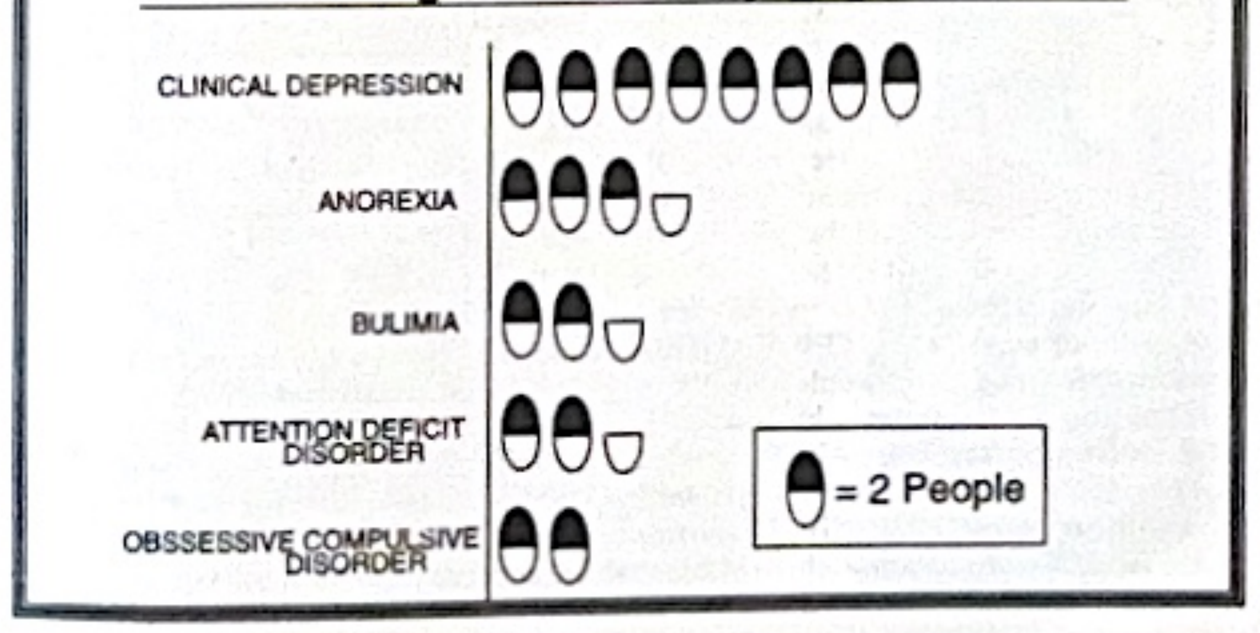
"We were discussing eating disorders in class and one girl's face got all red. She didn't want to make eye contact with me. I went up to her after class and asked to talk to her after school. When she came I told her that I noticed she was uncomfortable during class and offered to talk to her about it," Matta said.

Although school is neither a parent or a guardian angel, it often holds the power to influence student lives.

Shakerite surveys of 187 students

The names have been changed to protect the identities of the students

Students Diagnosed with Psychiatric Diseases



Symptoms of Attention Deficit Disorder

- Often fails to pay close attention to details or makes many careless mistakes
- Often does not follow through with instructions and fails to finish schoolwork or chores
- Often has difficulty organizing tasks and activities
- Often avoids or dislikes tasks that require sustained mental effort
- Multiple symptoms have existed for at least six months to a degree that is inconsistent with current developemental level

> ***At first one of my good friends didn't believe me. They thought I was doing it for attention. People don't understand you have a problem. They think it's an act, and that it isn't serious."***
>
> ***--Sarah****
> ***anorexic student***

Symptoms of Depression

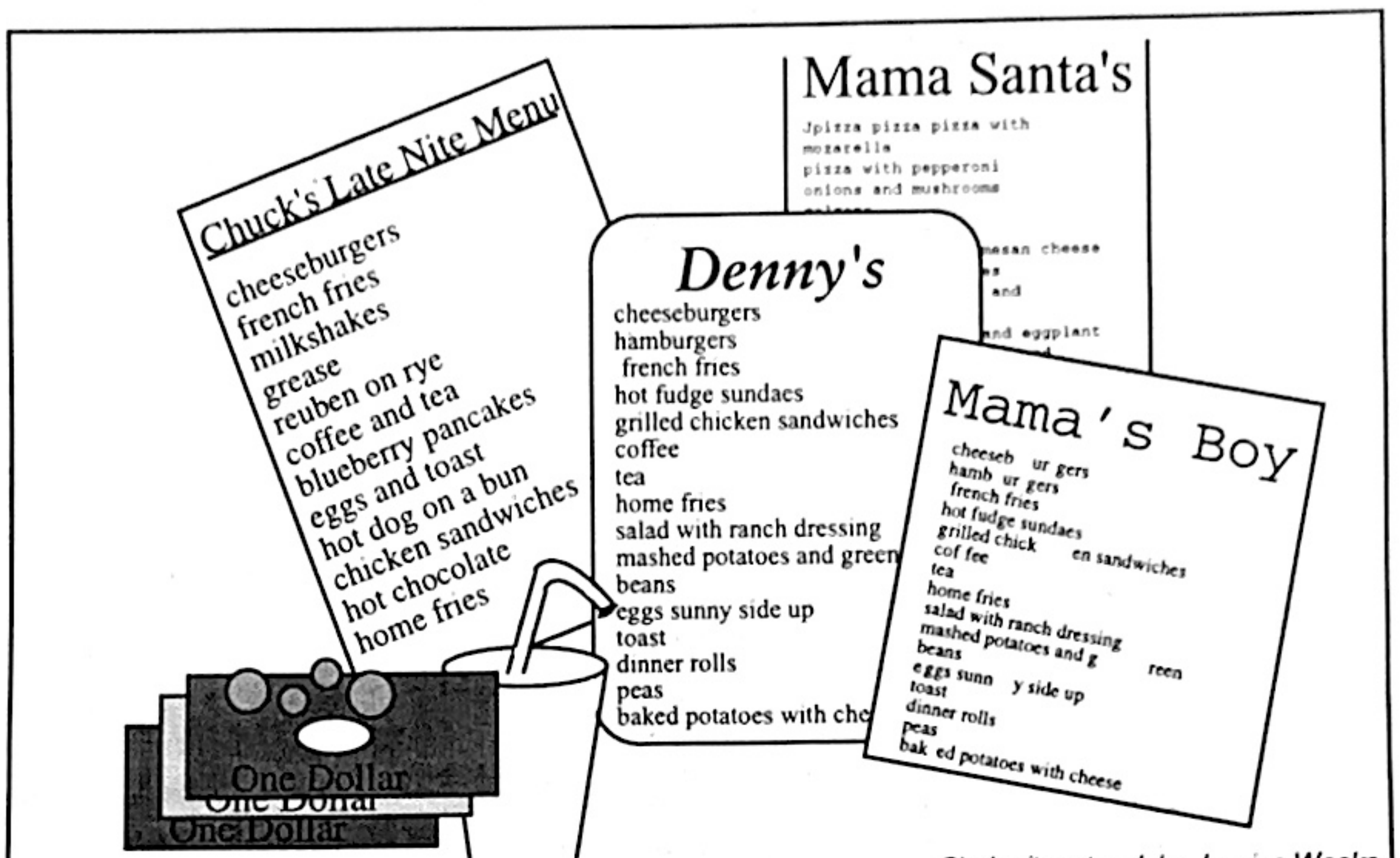
- Depressed or irritable mood most of nearly every day
- Diminished pleasure in almost all activities that once brought joy
- Significant change in eating or sleeping patterns
- Feelings of worthlessness or excessive guilt nearly every day
- Recurrent thoughts of death or suicide

Shakerite box information from the American Psychiatric Association

Where's the grub?

The beef on the local restaurant scene

BY NED SACKMAN
Staff Reporter



Shakerite artwork by Jessica Weeks

Best Steak and Gyros
Avg. cost per person-$5
16706 Chagrin Blvd. 752-3909

If you don't mind surly workers, and a little B.O. now and then, Steak and G's is the perfect solution to those late night munchies.

Located across the street from Shaker Towne Center, Steak and G's offers food fresh off the grill at an affordable price. You can eat it there (they always have plenty of empty tables) or you can get your grub to go.

They offer everything from a cheeseburger to a gyro to a full steak dinner, all cooked right in front of you on the grill. While inside you are likely to run into other students from Shaker either dropping in for a quick bite or studying for finals (it sure is quiet in there).

If you feel apprehensive about trying something new relax, Shaker feeds their prisoners from Steak and G's, and if it's good enough for criminals, it probably won't kill you.

Mama Santa's
Avg. cost per person-$6
12305 Mayfield 231-9507

Nestled just before Murray Hill in bustling Little Italy, Mama Santa's boasts good pizza at an unbeatable price.

There are three dining rooms in which you can eat (although the middle one might as well be a lobby). The restaurant is decorated with quasi-authentic Italian art but all seats are usually filled on Friday and Saturday nights.

Ordering anything other than pizza kills the economy of the place, but the pizza is the best food Mama Santa's has to offer anyway. Eating there you will see mostly college students and young couples. It is likely you won't run into anyone you know, however, which can be a good thing or a bad thing (Arabica anyone?). Be careful though, you may leave with a crush on one of the waitresses.

Denny's
Avg. cost per person-$7
6207 Wilson Mills Rd. 473-1205/4750
Northfield Rd. 475-9422

If you've ever had a craving for breakfast at 1 a.m. Denny's fits the bill.

The menu offers all the diner standards, as well as a full assortment of breakfast options from hotcakes to steak and eggs.

Once inside you have the choice of sitting at the counter and arguing the flat tax with a 300 lb. piece of blubber who proudly displays his name on his belt buckle, or the suddenly more attractive option of eating at a table.

Though it can be a long drive out depending on which location you go to, you probably don't have other pressing issues if you're eating at Denny's. Either way, you will find a late night breakfast for under $10.

Chuck's Diner
Avg. cost per person-$6-$7
2214 Lee Rd. 392-9911

Just a few blocks down from the school on Lee is an all night diner with quick service and no anti-loitering rules.

Chuck's menu includes the traditional diner sandwiches and clubs, and also breakfast items. You can sit at the front, or if they're busy you may be escorted to the back room. Once there you may find yourself in the dirtiest room in the world. Still, the food is good and the waitresses are forgiving.

Chuck's is a popular hangout for the alternative Heights crowd although Shaker students have been known to stop there late at night.

Mama's Boy/Whitmore's
Avg. cost per person-$3-$10
13187 Cedar Rd. 932-7427/2249 Lee Rd. 932-3144

If you aren't turned on by late breakfast or a pizza dinner maybe ribs are what you're looking for.

Not sit-down establishments (you may not want to hang around regardless) Whitmore's and Mama's Boy will make your carry-out orders while you wait. If you bore quickly, Whitmore's may be the better option because they have an arcade game and the always fascinating Snapple Machine (how do those glass bottles drop without breaking?). Mama's Boy does offer a great "Fun in a box" deal that includes two wings, fries, and sauce for around $3.

You may not see anyone you know at either of these places, but they do have the best ribs in this part of the country.

What's Goin' On?

Spring season lacks sparkle

BY MILES BERGER
Co-A&E Editor

Okay, here's what's up. Unless you like bands like **Bad Religion** (who will be appearing at the Agora theatre at 9 p.m. on April 26 with the **Dance Hall Crashers**) there isn't much going on in the next few weeks.

If you get the munchies, check out the restaurants in Ned's article on the left. If you're searching for some new sounds to liven up your day, buy any album by **G. Love and Special Sauce**, **311** or the **Pharcyde**. You won't regret it.

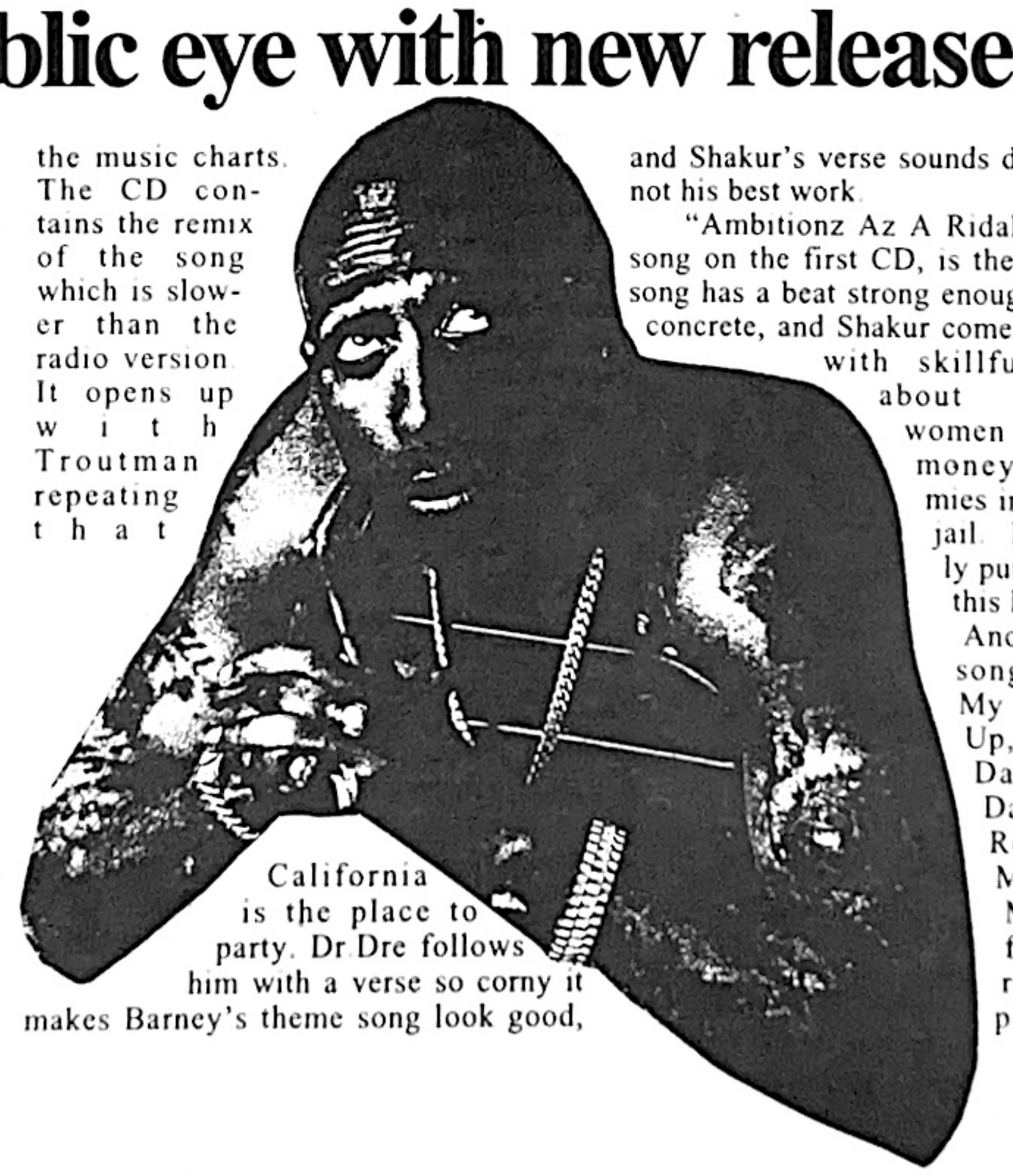
Although you might not have any more fun at any of the following concerts than you would just chillin' at any neighborhood hangout like **Arabica** or **Steak and Gyros**, they will certainly be louder. Let's just be clear about this, though– NONE OF THESE SHOWS ARE ENDORSED BY THE ARTS AND ENTERTAINMENT SECTION OF THE SHAKERITE. ANY DISPLEASURE INCURRED BY ATTENDING THE FOLLOWING CONCERTS IS THE SOLE RESPONSIBILITY OF THE READER.

✔ **Primus, Weapon of Choice**
Monday, April 22
Columbus Veterans Memorial Auditorium
✔ **Foo Fighters**
Tuesday, April 2
The Agora (sold out)
✔ **Iggy Pop**
Saturday, April 13, 9 p.m.
The Agora
✔ **The Band**
Tuesday, April 16
The Odeon
✔ **Tears For Fears**
Friday, April 26, 9 p.m.
The Odeon
✔ **Frank Black**
Saturday, March 30, 9 p.m.
The Odeon
✔ **Ekoostik Hookah**
Thursday, April 4
The Odeon
✔ **Joe Satriani**
Monday, April 22
The Odeon

To get tickets for these and other shows, call Ticketmaster at 241-5555.

Tupac in public eye with new release 'All Eyez on Me'

BY LAUREN DICKS
Staff Reporter



The album "All Eyez On Me" gives listeners a taste of new flavor and creativity by one of America's most controversial entertainers– Tupac Shakur.

The double CD "All Eyez On Me" contains 29 tracks reflecting Shakur's thoughts on the media, women and jealousy. Shakur's conflicts with the media and run-ins with the law inspired him to title his work "All Eyez On Me" because he feels the world is watching his every move, according to *The Source* magazine.

Shakur wasted no time in making more music after being bailed out of jail by Suge Knite, owner of Death Row Records. Death Row is famous for the recording artists Snoop Doggy Dog, Dr Dre and the Dogg Pound.

The first single "California Love," featuring Dr. Dre and legend Roger Troutman, quickly climbed to the top of the music charts. The CD contains the remix of the song which is slower than the radio version. It opens up with Troutman repeating that California is the place to party. Dr Dre follows him with a verse so corny it makes Barney's theme song look good, and Shakur's verse sounds decent but is not his best work.

"Ambitionz Az A Ridah," the first song on the first CD, is the bomb. The song has a beat strong enough to shatter concrete, and Shakur comes out strong with skillful rapping about deceitful women out for his money and enemies in and out of jail. He definitely put his all into this hype track.

Another strong song is "I Got My Mind Made Up," featuring Dat Nigga Daz, Kurupt, Redman and Method Man. All five of the rappers display hard lyrics, but Method Man definitely blows it up with his dope rhymes. Redman and Shakur drop some dynamite as well.

Another hot track is "I Ain't Mad At Cha." In this song, Shakur confronts the jealousy of those who used to be his close friends, who now seem to disappear with his success. The song features one of Death Row's upcoming projects, Danny Boy, who kicks out some background vocals that give the song a taste of heart and soul.

Out of the 29 songs, there are no let downs except for "Can't C Me." "Can't C Me" features funk legend George Clinton but it sounds like a bad remake of Snoop Doggy Dog's 1993 hit "Doggystyle." The song is okay and the lyrics are half decent but Clinton screws things up by humming off beat throughout the song.

Overall, "All Eyez on Me" lives up to its high expectations. In this album Shakur displays a new variety of phat beats and hard lyrics that he has never shown in any of his other works.

Top ten reasons college is better than high school:

10. In college mommy will not drive you to school.
9. In college you don't have 30 minute lunches.
8. In college you live with your friends.
7. In college, "daddy" won't pay for dates.
6. In college there are no tardy detention.
5. In college weekends start on Thursday.
4. In college when you miss a class you won't need a note from mom or dad
3. In high school freshman guys hit on senior girls, in college senior guys hit on freshman girls.
2. No one tells you not to eat pizza three meals a day.
1. In college you can walk through the hall without a pass.

University

The choice is yours...

College Stress: Applications have been turned in along with letters of recommendation. The waiting is over and you have been accepted to your first, second and even third choice. *Now it is all a matter of making a decision*

BY KATIE EDELSTEIN
Co-Feature Editor

The month is March. As the sun slowly peeps out from behind the clouds, seniors skip class for Rally's hamburgers, begin to plan senior pranks and sleep more than ever before.

Although many seniors are able to maintain this carefree attitude, some are still haunted with the important decision of where they will go to college. Acceptance letters have come in, and the time to commit is quickly approaching. Seniors consider numerous factors when making their final decisions.

For Senior Sean Chang, money was a major issue. He chose Ohio State because they offered him a free ride.

"I chose Ohio State over Harvard and the University of Pennsylvania because OSU offered me so much money. If I went to an Ivy League school, I would have to take out a student loan; I don't want to be in debt after graduation," Chang said.

Although Harvard is a more prestigious and well known school, Chang felt the money issue was more important than a school's reputation.

"It's what you put into a college, not what kind of reputation the college has," Chang said.

The money consideration will also influence senior Josh Penzner's decision. He must choose between Harvard, Duke, and the University of Virginia.

"It all depends on who gives me more money. If money weren't an issue, it would boil down to which place offers me a better shot at a better future," Penzner said.

The promise of a good job after graduation is also on Changs's mind.

"I've heard that Ohio State has a good honors program. I would rather go into a decent undergraduate program, and then an excellent graduate program, at a school like MIT. Where you do your graduate work is weighed more heavily when looking for a job," Chang said.

Interested in film production, senior Shelly Friedman applied to Ithaca College, Syracuse University, Ohio University, and Boston University, all good film schools. She has so far been accepted to all but Boston, and would most like to attend Ithaca or Syracuse. However, the money factor will probably decide it for her.

"I have to see where I can afford to go. Even if I get money from Syracuse and Ithaca, I might not be able to go there; they are both private schools," Friedman said.

On the other hand, senior David Pitman, who will be attending Cornell University, said money should not be an issue.

"I could've gone to the University of Dayton on a free ride; however, when I go to Cornell I will gain back what I give up now. The financial sacrifices I make today will be worth it in the future," Pitman said.

Envisioning yourself on campus is the most important factor, according to Pitman.

"You have to see yourself going there for four years, fitting in with the people and the surroundings. You only go to college once; you should be happy with the four years you spend there," Pitman said.

Everything about campus life at senior Genevieve Panuska's top choices, the University of Vermont and Loyola University, appealed to her.

"Both colleges have pretty campuses, they are in great cities that offer a lot, the students are friendly and they are both party schools. They also offer great programs, such as the study abroad program," Panuska said.

Campus life is also important to senior Charisse Myers. They said it is important to go to a school with an active campus life as well as plenty of necessary academic materials. Myers said one attraction was the idea of floor kitchens and computers.

Senior Ayesha Claytor added that one other important factor was a racial mix on campus.

Clueless as to whether he wants an art school or a regular university, senior Norm Paris considers the fact that attending an art school may get him out of certain required courses.

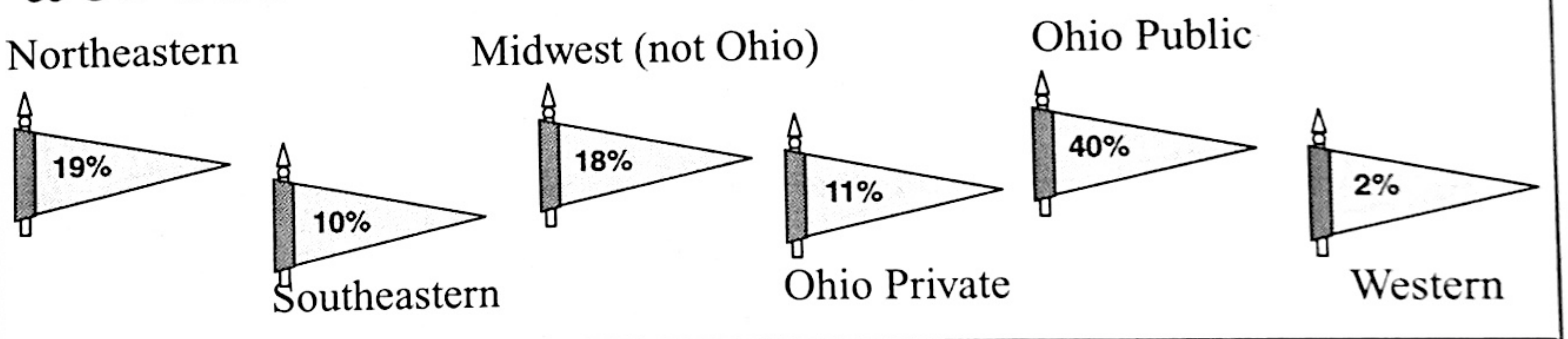
"I'm not sure I want to take all the required courses at a university. I might be happier at an art school," Paris said.

Although the month of March means upcoming college decisions for some, there are also students, such as senior Andy Boyd, who made their decisions long ago.

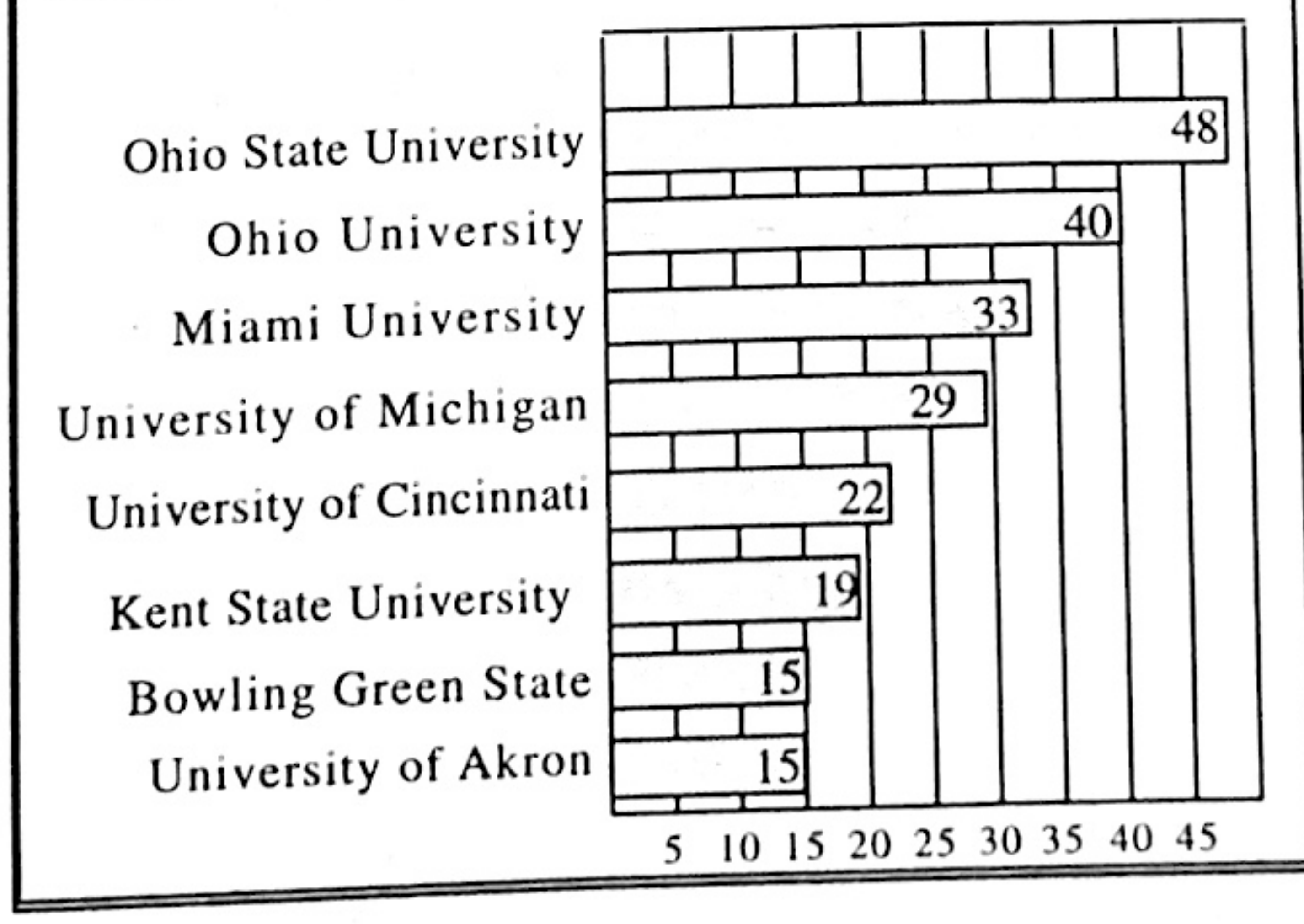
"I applied early to Cornell University and got in. [My acceptance] is binding; that means I have to go there. One of the reasons I applied early is because I didn't want to have to deal with making a decision or going through the hassle of applying anywhere else," Boyd said.

Jenny Jones contributed to this article

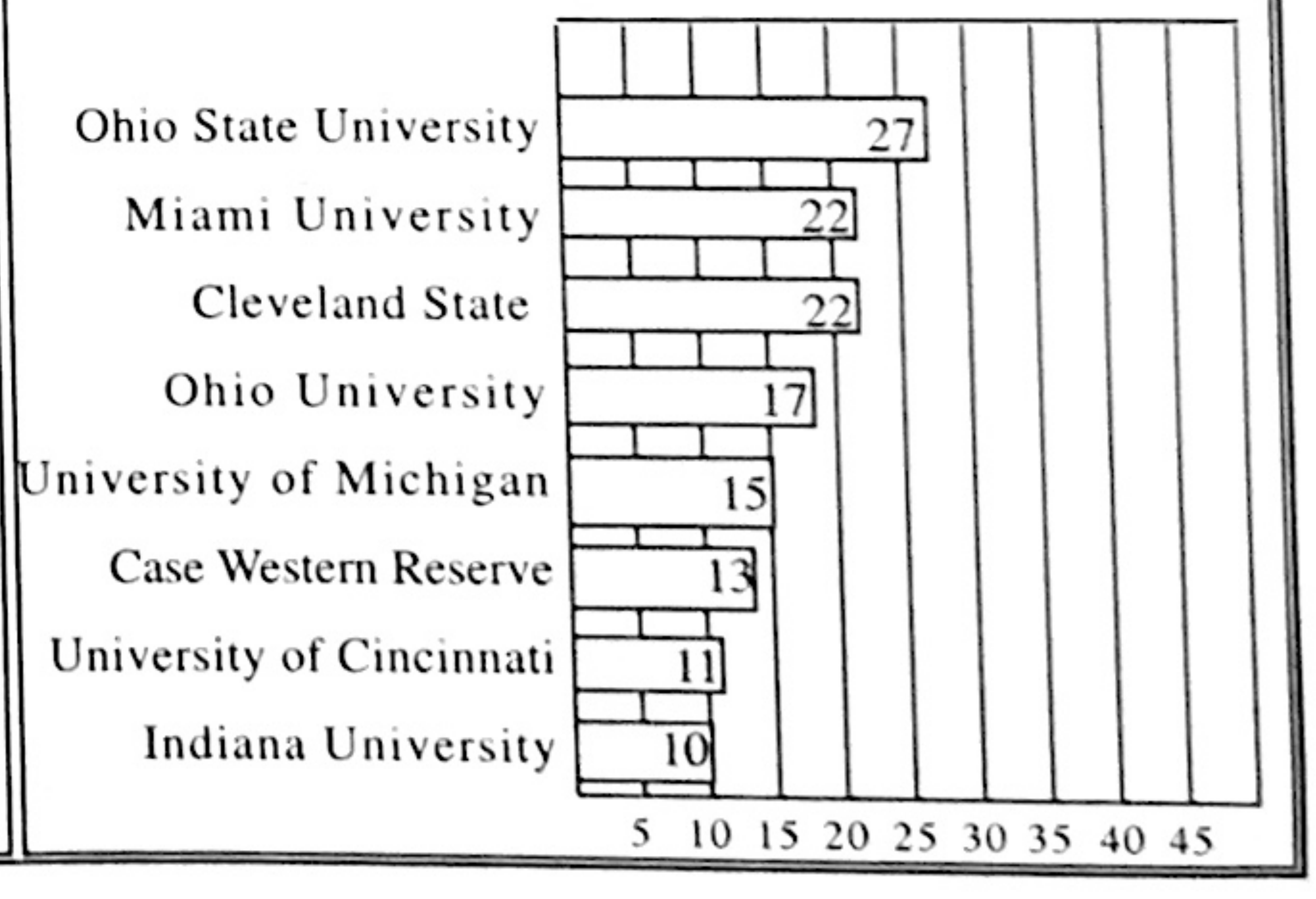
Distribution of Shaker students across the United States in 1986



Top eight schools to which Shaker students were accepted in '90



Top eight schools to which Shaker students were accepted in '95



Puttin' on the ritz

The countdown to prom has begun. Instead of waiting until the last minute to find a dress, here are some stores waiting for your purchase

BY LAUREN DICKS AND CAROL MCELRATH
Staff Reporters

Prom is right around the corner, and it is now time to start shopping. Below are a list of stores where you can find the "look" you want for this year's prom.

Laura Salkin

Phone Number: 921- 2500
Van Aken Shopping Center
Colors - ice blue, buttercup, jewel tones (ruby, hunter green) and black
Accessories-rhinestone jewelry, barrettes, necklaces, shoes with applique
Price range-$165-600
Alterations Available

Sweet Threads

Phone Number: 514-8336
28001 Chagrin Blvd.
The Woodmere Building
Colors- black, ivory, Spring colors, floral colors, deep navy.
Accessories-jewelry and purses.
Price range-$85-200
Seamstress available and the store keeps a special record of the dresses they sell so they will not sell the same one twice.

The Finer Things

Phone Number: 572-4373
11037 Prospect Rd in Strongsville
Colors-silver, egg-plant, mellow-yellow, black, red, and dark colors
Price Range $100-500
Accessories-jewelry, gloves
Rental $75 and under, alterations available

Carol Gowns

Phone Number: 734-5678
5344 Mayfield Rd at Tower Plaza
Colors-all
Accessories - largest selection in northeast Ohio
Price range- depends on the style desired
Alterations Available, dresses are made to order, 25% discounts on everything

Images

Phone Number: 237-1965
11277 State Rd
Colors-30 different colors for each gown
Accessories-Jewelry, hair pins, gloves
Price range $19-450

Gantos

Phone Number: 831-8620
Beachwood Place Mall
Colors-greens, oranges, baby blue, black, red, louder colors, sherbet.
Price Range $80-220
Accessories-purses, gloves, hairclips, earrings, hosiery

Catan's Southern Plantation

Phone Number: 238-6664
12878 Pearl Road
Colors- black, navy, dark green, white, ivory, pink
Accessories- garters, purses, shoes and jewelry
Prices- $100 and up

Ohio Tuxedo

Phone Number: 473-2270
5666 Mayfield road
Colors-black, white, ivory, green, black striped
Price Range-Rental and Sales $59-79
Accessories-vests, ties, studs, cuff links

Tuxedo Junction

Phone Number: 360-9187
Beachwood Place Mall
Colors-black, black and white patterned
Accessories- cuff links, studs, socks and hats

So whether the look you want is long and glamorous or short and fun, the stores above can cater to all of your needs. Guys do not have to be discouraged either; everything from simple tuxes to tails can be found as well.

So even if your dream prom night turns into a nightmare, at least you will look good.

Let's get physical: Students participate in fun activities, workout plans, sports to stay in shape

BY LAURA CURTISS
Staff Reporter

Every day, students spend hours after school energetically training for various school sports. These students rely on their sports to stay fit. On the other hand, out of the ordinary sports and personal programs keep other students in shape.

Much of freshman Matt Pope's time is devoted to working out for his sports.

"I lift weights for football on Mondays, Wednesdays, and Fridays. I also run track and jog on weekends," Pope said.

Fitness is not only important to school athletes. Many students who cannot or choose not to participate in school sports stay in shape through a variety of ways.

The sports some students enjoy are not offered at the high school. Sophomore Carrie Lewine is involved in Tae Kwon Do. She goes to classes two or three times a week and has been to tournaments all around the country.

"It's very good for your lower leg muscles. We warm up each time with forms that aren't too strenuous and then we have time for free-fighting which is much more active. At the end of a session we have a meditation time. This serves as a stress reliever, only temporarily though," Lewine said.

Another fan of Tae Kwon Do is health teacher Hubert McIntyre. He exercises everyday using martial arts forms and other techniques of fitness. McIntyre also jogs and uses a heavy jump rope.

"I do a lot of cross-training; if I don't run I'm on the bike. With Tae Kwon Do I use the punching bag. I also do some weight training," McIntyre said.

Another sport not offered at the high school is figure skating. Sophomore Lindsey Wolkin skates four times a week for about one and a half hours, and she competes once every other month.

Also involved in figure skating, sophomore Kara Russo exercises in addition to her practices.

"I ice skate two hours a day and go running on weekends," Russo said.

Dedicating a lot of time to training for softball is important to senior Trevina Johnson. In the gym Johnson runs and uses flex-bands, huge rubber bands that increase flexibility and agility.

"I have to have good endurance and strength for softball so I train longer than just the season," Johnson said.

Some students are members of sports teams that play all year. Sophomore Michael Gross and junior Sarah Abbot both play on soccer teams unaffiliated with Shaker.

"I play indoor soccer four times a week in a year-round league. In order to stay fit I run every day after school," Abbot said.

Some students, such as sophomore Shannon Moodie, keeps busy with tennis lessons.

"I have tennis lessons a few times a week and I play a lot more during the summer," Moodie said.

Some students utilize exercise equipment provided by community and recreation centers.

"I work out at the Jewish Community Center; I take aerobics, do the stairmaster and run," junior Beth Banchek said.

Other students decided not to play sports this year and are concentrating on staying in shape by different methods. Everyday sophomore Gretchen Williams lifts weights or runs.

"I decided not to play lacrosse this year, so in order to stay fit I work out at a health club everyday. Some days I use the Nautilus machines, other days I jog on the treadmill," Williams said.

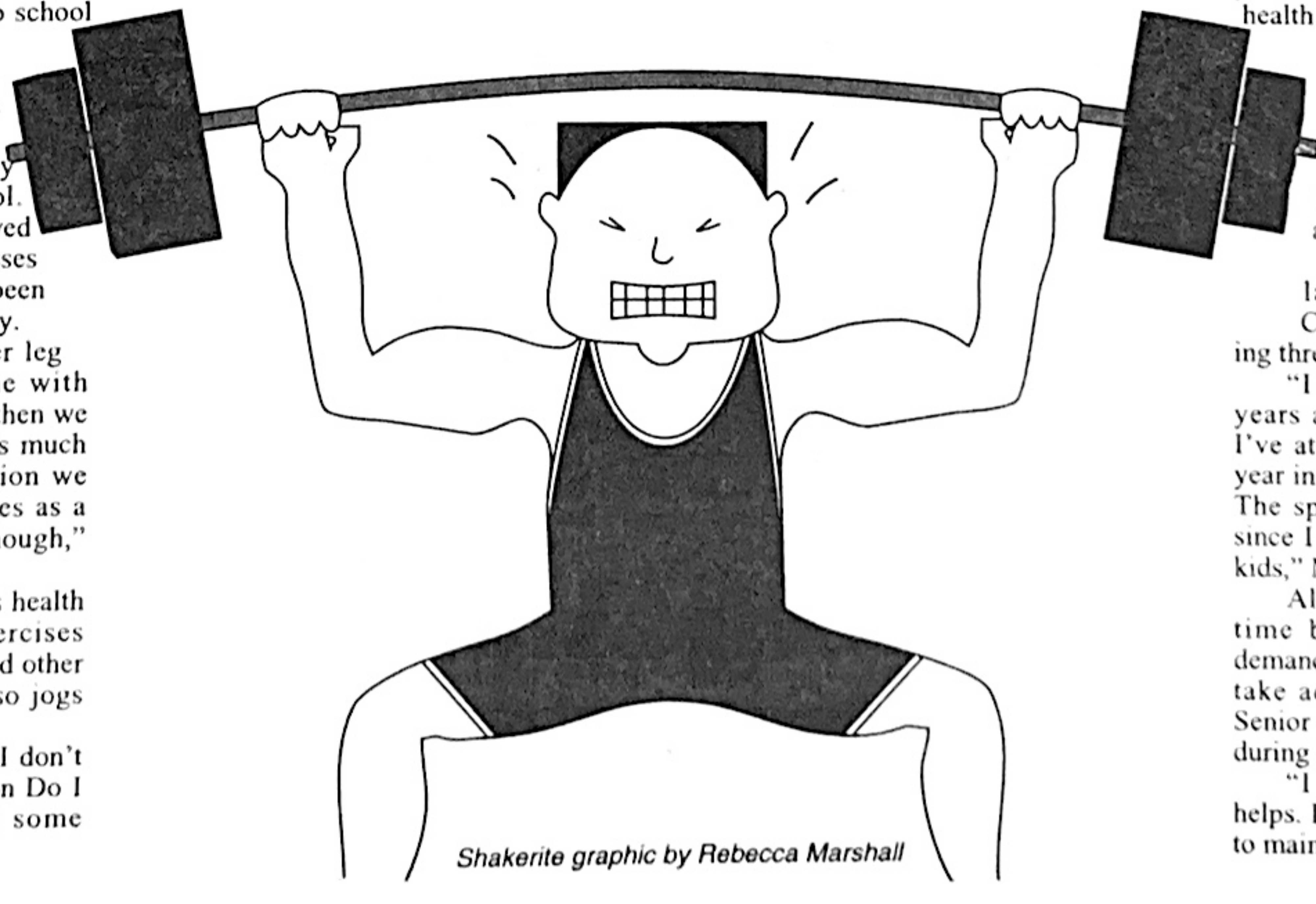
Unable to compete in school sports for health reasons, junior Lauren Adams does sit-ups, jogs and works with the flex-bands.

Fencing is a sport gaining popularity, according to sophomore Camille Monnier. He has been fencing three times a week for six years.

"I have competed for the last two years and the most notable competition I've attended is the Junior Olympics last year in Kentucky. I placed 28th out of 128. The sport has really gained a following since I started, especially with the younger kids," Monnier said.

Although some students have a hard time balancing exercise with school demands, others find time during the day to take advanage of the facilities offered. Senior Sean Wright runs tracks and trains during school.

"I work out tenth period; it really helps. I do conditioning in the weight room to maintain my strength," Wright said.



Shakerite graphic by Rebecca Marshall

Class act part II: tips for program planning

No need to fret; there is still time to sign up for classes. Now is the time to fill your periods with those classes you always wanted to take, but never before had the chance. Below is the second edition of interesting, fun, and highly recommended classes.

Criminology:

This class deals primarily with the study of crime, crime causation, and our criminal justice system: law enforcement, the courts, and correction (prisons).

The course includes guest speakers, field trips, videotapes, and independent research.

"Criminology is a very interesting class and I look forward to attending it every day. It is very informative," senior Charley Fuller said.

- Tom Gelehrter

African American History:

If you want to find out about slavery and outstanding African Americans, this course is for you! You must also love to read, and be able to accept a challenge. It is a rigorous semester course that is afrocentric and covers history from Africa to the 1990's. A text is issued at the beginning of the semester and the whole thing is read. Students write a 20 page paper instead of taking a final.

"'It's definitely Afrocentric. It teaches the achievements and struggles of African Americans and confronts the issues they have been faced with through history and today," sophomore Synnia Ford said.

- Carole McElrath

Oppression:

In this class, theories and philosophies derived from slavery and the holocaust are covered. These theories are applied to social problems that exist today. The atmosphere of the class is relaxed and open discussion is the basis of the class. Essay tests are given and movies are shown frequently. The issues discussed give students a grasp of different views on controversial subjects.

"Oppression is a really deep class. Mr. Pollack is not afraid to bring up sensitive issues concerning everyone. It's interesting how the class is based on issues from slavery and the holocaust and how those issues still affect us today," sophomore Derek Mechem said.

- Lauren Dicks

SHAKER HTS HIGH SCHOOL
COURSE GUIDE
Biology
Geometry
English
German II
Health
Band
Phys. Ed

Shakerite artwork by Jenny Spencer

Basic Foods:

This semester class focuses on the nutrition and preparation of foods. The students have cooking labs two times a week. In groups of approximately four people to a kitchen, they cook everything from pastries to entrees. Reading chapters in the textbook and taking quizzes and tests are also part of the class. If you need a break, it is an easy class with minimal work.

" I liked this class a lot. We cooked interesting foods; It was a nice break from the rest of my day. I finished most of my work in class, which left me with more time at home to work on harder classes," junior Erica Hawaniak said.

-Katie Edelstein

Playwriting:

This class consists of writing exercises but mainly discussions about your own and other writings.

"If you want a regular creative writing class, then take one, however, playwriting is more interesting and deals more with theater," junior Sarah Bania-Dobyns said.

-David Andrikanich

Comparative Economics

An excellent introduction to the economy! From discussing trade and international development to playing the stock market game the class is a great opportunity to learn while at the same time having fun. It connects world to local economics in a creative fashion. There is a lot of work, but the papers assigned are fun and interesting.

"I like the class a lot. It opened my eyes to a lot in the world as far as the stock market and trading are done. Mrs. Jones was an excellent teacher who brought all of the information to the class in a fun and interesting way. I recommend this class to anyone who is not sure what social studies class to take," junior Jennie Streem said.

-Nicole Sutcliffe

Changing of the guards: SedricToney, NBA player turns security guard

BY TOM GELEHRTER
Staff Reporter

For security guard Sedric Toney, playing in the National Basketball Association was a dream come true.

In '85 Toney played his first game as point guard for the Atlanta Hawks.

"I watched basketball when I was a kid and dreamed that one day that could be me," Toney said.

After his debut in '85 with the Atlanta Hawks, he was traded to the Phoenix Suns in '87. After one season in Phoenix, Toney signed with the New York Knicks as a free-agent.

"I loved playing for the New York Knicks and with Patrick Ewing; the Knicks were my favorite team to play with," Toney said.

After three years with the Knicks, Toney returned to Atlanta before coming to Cleveland. Toney played for the Cavaliers during the '93-'94 season. His career ended after that season, because he was not picked up by a team for the '94-'95 season.

Toney's favorite coach during his eight year NBA career was Mike Fratello. Fratello coached Toney both in Atlanta and Cleveland.

"Mike is a straight up guy; he gets behind his players and really gets them pumped up; he made you believe that you could do stuff. Mike motivates his players. He would always push you to your limit and drain every ounce of ability and energy out of you," Toney said.

After not playing during the '94-'95 season Toney came to the high school as an assistant basketball coach. Toney then had to be working for the Shaker Board of Education.

"There was no way that they were going to get me to teach," Toney said.

That is when head of security Mike Klima stepped in. Klima asked Toney if he would like to be a security guard. Toney accepted and started during the second semester last year.

"I enjoy it. I get to know the players better because I am around them all day long, and I get to know a lot of the other students," Toney said.

Sedric also enjoys coaching the varsity basketball team in hopes that it will someday help him in his quest to become a NBA coach.

"I enjoy coaching. The players respect me and I respect them," Toney said. "They all have a dream to make it to the top level, and I am just trying to help that dream come true."

Head basketball Coach Bob Wonson feels Toney is a big asset to the team.

"He's the guy that the players respect, he made himself into a player and worked hard for it. The players are awfully dumb if they don't listen to him," Wonson said. "He is also very helpful off of the court. He helps the players with the mental side of the game."

One thing bothering Toney is he feels not all of the high school students feel they are able to talk to him in the same way the basketball players talk to him.

"I try to talk to all of the students here. I will lend them advice if they need it or help them on their views of life. I try to stress to them things about high school and lay down my view. They may accept it or they may not, but hopefully they will," Toney said.

Toney spends his free time doing many different activities. He spends many hours participating in church and family activities. From here he hopes to carry out his ambitions and become a coach in the NBA. Right now he is making strides forward to coaching at a higher level.

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TO KORE SHARPLEY AND BEN GREENSPAN FOR THEIR STATE CHAMPIONSHIPS IN WRESTLING

Seeing double: Twin athletes compete

BY TOM GELEHRTER
Staff Reporter

No, there is nothing wrong with your eyesight. At the high school there are three pairs of twins competing in sports: the Greenspans, Ben and Josh; the Brantleys, Arnell and Darnell; and the Beamers, Allison and Becky.

Seniors Ben and Josh Greenspan play football and wrestling. This past football season Ben started at defensive end for the Raiders and Josh started at linebacker. Both Greenspans ended with very similar numbers.

During the winter Josh wrestles at 160 pounds and Ben wrestles at 171 pounds. Both twins had extremely successful seasons. After a very good regular season, Ben went on to finish fifth in the state, and Josh won states by defeating an opponent that he had lost to twice in the past two weekends.

"Winning states was the greatest feeling in the world. It was unbelievable," Josh said.

Both Ben and Josh think their counterpart makes them better athletes.

"I think that we help each other a lot," Josh said. "We spend a lot of time together, and I would not be as good without him. He pushes me."

"We definitely help each out. If he does something, then I want to do it. If he learns a new move, then I am determined to learn it," Ben said.

Both Greenspans have competed on the same teams their entire lives, except for this past August in the National meet in Fargo, North Dakota. Ben and Josh tried out to represent Ohio at Nationals. Josh finished first, and Ben finished fourth in trials. Team Ohio only took the top three finishers. Ben was temporarily left out. The Greenspans' father lives in North Dakota, and Ben had the opportunity to try out for North Dakota's team. He made it, and both Ben and Josh were able to attend the National meet.

"It was a very interesting experience wrestling for North Dakota," Ben said. "I found that wrestlers everywhere have the same basic style."

The Greenspans plan on attending the same school next year.

Seniors Arnell and Darnell Brantley are track and cross-country stars. For this upcoming season both Arnell and Darnell are captains of the track team.

Darnell runs the 400 meters, the 4 x 400 meter relay and the 4 x 100 meter relay. Arnell runs the 800 meters, the 4 x 800 meter relay, and is Darnell's teammate in the 4 x 400 relay. Both Darnell and Arnell feel they help each other greatly.

"We push each other a lot, and that helps out a lot," Darnell said.

Arnell said the team benefits from their differences.

"We don't really compete with each other. We just go out there to help the team," he said. "I am a better middle distance runner, while Darnell is a better sprinter."

Both of the Brantleys have high expectations for the upcoming season.

"Arnell is definitely going to states in the 800 meters, and our 4 x 400 meter relay team should qualify," Darnell said.

Next year Darnell will attend the University of Cincinnati and Arnell will attend Morganstown State.

Sophomore twins Allison and Becky Beamer both are members of the field hockey team and the swim team. For the past two seasons both of them have been members of the junior varsity field hockey team. Allison, the older of the twins, plays forward, and Becky plays goalie.

Allison swims the 100 yard breast stroke, 100 yard butterfly and is on the 400 yard freestyle relay team. Becky swims the 100 and 200 yard freestyle, the 200 yard freestyle relay and is Allison's teammate on the 400 yard freestyle relay team. Becky feels Allison's dedication rubs off on her.

"She definitely makes me work harder. When I see her do something hard, I want to be able to follow her and succeed just as well as she did," Becky said.

The Beamers are the exact same weight and height and swim approximately the same times.

"Sometimes we bicker with each other, but the rest of the time we are best buds, and we really help each other out. It turns out well," Allison said.

Twins competing in sports has also been common among Cleveland soccer teams. In '85 the Cleveland Force drafted current Crunch player Andy Schmetzer and his twin brother Walter out of high school at age 18. Andy and Walter played four seasons in Cleveland and Tacoma before going separate ways.

Todd and Troy Dusosky, 19, are twins who were both signed by the Crunch at the beginning of the season. Todd and Troy have always competed in the same sports as they grew up in Inoka, Minnesota.

"We always know where each other are on the field. It's helped us out a lot," Troy said. "When we were growing up we used to compete with each other a lot, but now we just get in fights when we start talking smack about each other. Now that we play different positions, we tend to appreciate each other."

DOUBLE TAKE. Competition is not a problem with track stars Arnell and Darnell Brantley. They have their own strengths. *Shakerite photo by Laura Kushnick*

> *I think that we help each other a lot. We spend a lot of time together, and I would not be as good without him."*
> *-Senior Josh Greenspan*

> *We definitely help each other out. If he does something, then I want to do it. If he learns a new move, then I am determined to learn it."*
> *-Senior Ben Greenspan*

BRENDAN VS. SCOTT

BY BRENDAN MASINI
Co-Sports Editor

"Hey peanut man! Over here," I yell.

"Brendan, he's too far away, you'll never get your peanuts," Scott said before being hit in the ear by a flying bag.

"Great shot peanut man!"

That's the beauty of the whole thing. You can get your peanuts anytime, anywhere. It is refreshing to know that there is still a profession that is respected by all and is free from scandal, the peanut vendor.

The peanut man is a character of legend. A ballpark fixture since the turn of the century. His cry of "Peanuts here! Get your peanuts," is a soul touching remembrance of days gone by. But the game is changing. The peanut vendors are bigger and stronger, throwing more peanuts, faster than ever before.

Jacob's Field has a legion of such peanut all-stars who show off their skills at Tribe home games. Oh, the honor of being one of the select few who bring prestige to the vending profession. It is not uncommon for some of the top pitching prospects in the league to become peanut prospects when they see the vendors at spring training.

The true greatness of the peanut man is in his versatility. He doesn't have to rely on people in the row to hand food down the line like a hot dog man or a beer man, he can let loose and fling the bags to his customers without fear of spilling. This ability gives him freedom never known by any previous vendors. Around the back, over the shoulder, through the legs, perfect delivery every time, well, almost every time as Scott found out.

"Hey Scott. Don't underestimate the peanut man."

Shakerite photos by Cristen Means

Round 6: Would you rather be a peanut or a hot dog vendor?

BY SCOTT FULLER
Co-Sports Editor

Opening day of the baseball season is not too far away, and Brendan and I are working ourselves into a frenzy with anticipation. My heart is filled with glee as I think ahead to the glorious days of summer spent at the ballpark: the players gliding eloquently over the freshly manicured grass, the resounding crack of the bat as the ball arches high into the cloudless blue heavens, and the deafening roar of the crowd as it drops with a silent splash into a sea of fans. But wait... oh fooey!! Jacobs Field is all sold out this year! What am I to do! If I am to experience this thrilling atmosphere again, there is but one solution: I have to get a job there.

Brendan was of course delighted by my clever idea. "Wowee, we could both be peanut vendors!" he said. I didn't want to dampen little Brendan's excitement by explaining to him what a stupid plan that was. I had falsely assumed that everybody in his right mind knows that there is no logical reason to be a peanut vendor when you could be a hot dog vendor instead.

Whenever the peanut guy comes around yelling, "Peanuts!" everybody always hollers at him, "Get lost, ya bum, I'm trying to watch the game!" But when the hot dog guy comes around on the other hand, he's nearly mobbed by adoring fans: "OOOH, YUMMY, HOT DOGS!" This is due to a fundamental law of food which states that hot dogs are scrumptious and peanuts are, well...peanuts. The peanut guy sulks gloomily away, knowing he is friendless and the only reason he wanted to be a peanut vendor in the first place is because he wasn't strong enough to lift the hot dog carrying thing.

Perhaps it is Brendan's destiny to sell peanuts.

Managers: how do they manage?

BY GEOFF DIETRICH
Staff Reporter

One of the more appreciated aspects of the Shaker Schools is its successful sports teams; but whereas these games can create heroes out of a fellow student, the team managers are rarely in the spotlight.

"We, as managers, are stuck in the middle. We're not players, but we're not coaches either."

–Graham Lanz

Nearly all of the teams at the high school have team managers, but the role of a manager is often unclear. Managers may suit up with the team, be responsible for equipment or uniforms, or perform certain tasks for the coaches or players; but their primary role is that of a cheerleader, keeping players motivated and pumped up for the game. They are the ones who, behind the scenes, find a missing bat or get a band-aid. It sounds like a thankless job, so why do they do it?

Senior Jamie Eagleton has been a baseball manager for three years, two of which have been on varsity. Eagleton played baseball for many years, but when he did not make the cut for one of the teams, he saw managing as a way of staying involved in baseball.

"I've always liked playing baseball, and being a part of a team is very important to me," Eagleton said. "There are only two reasons I do this: one, I love baseball, and two, I think this team really has a chance to go all the way."

A love of baseball likewise led junior Graham Lanz to manage a similar sport, girls softball.

"After helping out Ms. Aiken at the middle school, I found a way for me to stay involved with the sport, even if I didn't make the high school [baseball] team," Lanz said.

For other managers, they have never played the sport they manage but still help out with the team. This is true for assistant hockey manager junior Heidi Nicholls.

"When I started managing I didn't really know why I was involved, but I continue to do it because I enjoy what I do," she said.

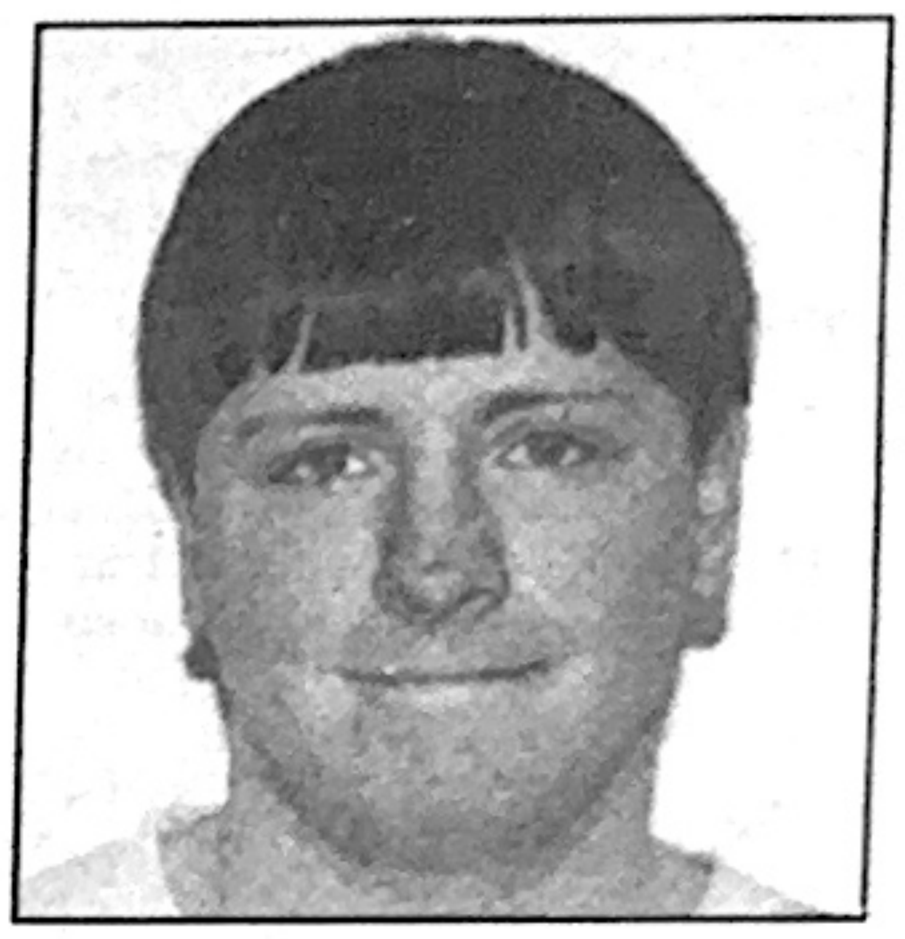
Sports managers do not receive much appreciation for their help, but that does not bother them. The general feeling among managers is that they never expected to get anything of that sort.

"I don't think it should bother a manager at all if a player gets recognized," Lanz said. "They are probably being recognized for something they earned. Who are we to complain?"

Managers may not be interested in achieving respect for helping out, they might not even get it from students; but the players of the teams they manage greatly appreciate their help.

"I think it is very important to have a good manager," sophomore softball player Lauren Gentile said. "It helps a lot if the manager is well accepted, and we really enjoy [Lanz's] company."

For sports managers, what they do is not required. Whether they help out of a love for the sport or just because it's fun, their role has an important effect on the team. Recognition from fellow students may not come with the job, but the appreciation from the team is an added bonus. They may not savor admiration from their pupils, but the players would insist that the least managers deserve is a thank you.



"There are only two reasons I do this: one, I love baseball, and two, I think this team really has a chance to go all the way."

–Jamie Eagleton

Shakerite photos by Cristen Means

NO RESPECT!

JV players are people too

BY LAURA CURTISS
Staff Reporter

The girl pulls on her cleats and heads out to the softball field. She tries her best to make the varsity team, but she, like many students, ends up on the junior varsity team feeling unrecognized the entire season.

Junior Lyndsey Mirmelstein and freshman Kim Lyons each split time between varsity and JV this year on the basketball team. Mirmelstein said she does not think the JV teams get any recognition.

"There could be a JV that went with a really good record, and the varsity would still get more recognition. It gets frustrating and discouraging because JV works just as hard as varsity," Mirmelstein said.

> ***"No one really cared [about the JV team last year], and they think of us as second-class athletes. They also think that if we're not good enough to play varsity, then we're not important."***
>
> ***-Junior Miguel Bendezu***

Basketball is not the only sport where Mirmelstein saw little or no credit given to good JV players. She also saw it on the tennis team.

"One of the players on tennis had a great record, but she never got any recognition, and I think that was because she was on JV," Mirmelstein said.

Sophomore Lisa Lazarus, a member of the JV tennis team, said not much thought is given to JV teams.

"In general, JV teams don't get the recognition for the hard work they put in, but varsity gets a lot of credit," Lazarus said.

Some students see the lack of recognition as another part of being on JV teams. It can also serve as an incentive to put in even more effort, according to sophomore Andy Campen, who plays on the JV basketball team.

"We don't really get recognized, but that's a good reason to try to make varsity the next few years. It's a shame but to be expected," Campen said.

The swim team is divided into the "A-team" and the "B-team." The "B-team" consists of 12 to 15 people. Sophomore Becky Beamer said the "A-team" tends to leave out the "B-team" a lot.

"We have such a small group on the side that it's not hard to forget us. Last year nobody ordered us District T-shirts, and often no one will let us know what the team is wearing for spirit the Friday before meets. They think we're slower swimmers and less important than them," Beamer said.

Beamer also said the situation has improved this year.

"Some of the people who were on the B-team last year are now on the A-team, so they were a little more considerate this year," Beamer said.

Junior Rashad Burnley received similar understanding from varsity players.

"Before I got moved up to varsity, I was told I was going to have to play JV in my junior year, but I didn't care as long as I got to play ball. [The JV team]didn't get much respect as far as people outside the sport, but other varsity players gave us respect because at one time they were in that position."

Junior Miguel Bendezu, who played JV tennis last year, also said people have become more sympathetic to JV players. However, he also said nobody distinguished any of the JV players last year.

"No one really cared, and they think of us as second-class athletes. They also think that if we're not good enough to play varsity, then we're not important," Bendezu said.

Many of the players agreed more information should be given in school reporting JV victories and records.

"If the announcements told about JV wins as well as varsity, that would be great," Mirmelstein said.

So as spring players dust off their track shoes, bats and lacrosse sticks, remember not only is the varsity trying and practicing hard, but the unrecognized JV as well.

Shakerite graphic by Rebecca Marshall

BASEBALL

The men's baseball team has been a perennial contender in Northeast Ohio. This year is no exception. Although the team lost a number of key players from last year's roster, some new and old faces will be leading the way. Seniors Max Axler, David Pittman, Mike O'Loughlin, Ryan Gohmann, Travis Ribar and junior Brendan Masini are returners from last year's varsity. Senior Matt Guerrier will surely lead the team's pitching attack after incredible sophomore and junior seasons. Sophomore Nate Fish and junior Richie McCormack are hoping to make a big impact this year after their sucess on JV last year.

Fish is optimistic about the season.

"I think the team will be pretty good this year. The most important thing is that we have a good attitude and keep our heads up," Fish said.

–Aaron Galvin

M. LACROSSE

The men's lacrosse team expects to win 75 percent of their games this year, according to coach Craig Gallagher.

Senior captain Chris Moore leads the team this year.

This team has been working hard, and Gallagher said they should be in good physical shape for the opening of the season. The players have been building up their endurance and working on stick skills to prepare for their opening game.

The midfield, led by seniors David Forker and Billy Fallon, is the team's strongest position.

According to Gallagher, the team lacks depth.

"If any one of our starters get hurt, we will be in trouble," Gallagher said.

Gallagher predicts this season will be an exciting one.

–Leigh Stevens

W. LACROSSE

This year's women's lacrosse team hopes to repeat last year's Midwestern Tournament victory.

The women's lacrosse team has 14 returning players this year, and according to coach Liz Wilson has a good chance of repeating last year's undefeated season.

"This is the strongest team that I've had in my six years of coaching," Wilson said.

Even though Shaker was unstoppable last year, the team is still training hard. They have been lifting, running and working on their stick work to prepare for the upcoming season.

"When you're at the top, everyone is after you and getting better themselves. I expect every team to give us their best effort, and I look forward to training the team and seeing them rise to the challenges," Wilson said.

–Leigh Stevens

SPRING SPORTS PREVIEW

TRACK

Running for Shaker's track teams takes endurance and commitment, but these qualities lead to their success.

According to men's coach Stuart Gilbert, each runner trains differently according to the event. The men have been running all year, and Gilbert has seen and hopes to continue to see a lot of improvement.

"Our important major goal is self improvement. If an individual improves, the team improves," he said.

The women's track team has been training hard as well. The women's outdoor practices consist of endurance and speed workouts.

"We have a strong team this year. We have many returning runners as well as some strong newcomers," senior Bakara Lewis said.

The track season officially opened on Mar. 25 at Willoughby South.

–Leigh Stevens

TENNIS

The men's tennis team is expecting huge things this season. With a core of returning varsity players, including seniors Dan Young, Brian Snyder and Robert Rusher, juniors Brad Keys, Jimmy Young and Ben Householder, and sophomore Adam Grossman, and the addition of freshman Danny Klein and sophomore Jeronie Barnes, the racketeers are favorites, not only to win the LEL, but to advance in state tournament play. Both Dan Young and Grossman advanced to the state finals last year and are looking to do so again.

"I really believe I have a good shot at states. This year our team is solid and has a lot of experience. We should do very well," Grossman said.

The JV team, led by sophomores Aaron Galvin and Robert Klimek and freshman Tony Black, is also bound to win many matches.

–Aaron Galvin

SOFTBALL

The women's softball team is expected to have an above average year. The Lady Raiders do not have many returning players, but they are still going to field a quality team.

Junior Lyndsey Mirmelstein is going to lead the way as the number one pitcher and one of the more experienced players. Others to watch are senior Jessica Zagier, junior Kelly Roth, sophomores Leah Bauer and Lauren Gentile and freshman Kim Lyons.

"We should have a pretty decent season. Coach Richards is an excellent coach, and he will work with the talent we have," Bauer said.

Freshman Lyons is a surprise addition to the team because she was one of the only freshman to make the cut.

"Kim is going to be pretty good," Bauer said. "She has a lot of talent."

–Aaron Galvin

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